

## Basketball Frequently Asked Questions

The OHSAA receives a *large* volume of calls and email at the conclusion of the season in regard to what coaches 'can and cannot do'. Though this is not inclusive, a few guidelines are listed below to assist you AND your middle school and sub-varsity coaches. Please remove, copy and share this page with others on your staff. Please go through your Athletic Administrator for questions related to the OHSAA's Bylaws and Sports' Regulations. All are contained within the OHSAA's Handbook, pictured to the right and are also available online at [www.ohsaa.org](http://www.ohsaa.org). CHANGES in Regulations OR Interpretations from the 2010-11 year are **highlighted** in this document.

**When does a Team's "No-Contact Period" actually begin?**

Answer: At the conclusion of THAT TEAM'S season. For example, if a Middle School team's season ends on Friday, February 11, the 'no-contact period' would begin Saturday, February 12 for players on that team.

**Can Middle School Players practice or play with High School players DURING the season?**

Answer: No. OHSAA Bylaws prohibit middle school players from practicing *or* competing with High School players during the season of play in all sports.

**Can Middle School Players participate in Open Gyms at the High School level?**

Answer: Yes. OHSAA Bylaws and Sports Regulations do not prevent anyone from participating in Open Gyms.

**Can Players from another school participate with another school during summer "team camps" and "Shoot-outs"?**

Answer: Yes. The OHSAA does not view "Team Camps" and/or "Shootouts" anytime out of season as any kind of a school event. They are considered "non-interscholastic" and may attended by anyone. It does NOT waive any of the Bylaw relative to "Recruiting", however.

**What can we as coaches do during an Open Gym?**

Answer: Coaches may play during an open gym setting. Open Gyms cannot be made mandatory. Open Gyms **must** be 'free and unstructured play, so NO coaching may take place during an Open Gym. Open Gyms are defined in their entirety in Sports' Regulation #7 on pages 68-69.

**What can we as coaches do during Conditioning Programs?**

Answer: Conditioning programs cannot be made mandatory. Sports' Regulation #6 on page 68 of the OHSAA Handbook defines Physical Fitness/Conditioning Programs. Obviously, conditioning programs cannot be used as a 'disguise' for conducting out of season practices.

**What is actually meant by "Coaching"?**

Answer: "Coaching" refers to ANY organizational or instructional contact with athletes by a basketball coach to basketball players. Specific activities include (but are NOT limited to) practice or other instructional situations in which the coach conducts specific drills, teaches skills, implies and supports an instructional environment without actually doing the coaching (i.e. "captains' practices").

**In a "Summer League" if I sit on a bench during a game, does that constitute 'coaching'?**

Answer: Yes. Sitting on the team bench or in the direct vicinity of the competition in areas reserved for coaches and or delivering instruction to athletes while they are competing IS coaching. Standing on the end of the gym floor at a 'relaxed' environment of a summer league game and barking out instructions.....is indeed coaching. Again, remember that ANY coaching that DOES occur can only occur between June 1 and July 31 outside the season of play.

**Who can volunteer to be a member of the coaching staff?**

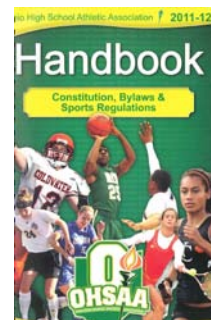
Answer: To work with student-athletes in any school program, an individual must receive his/her Pupil Activity Certificate through the Ohio Department of Education **and** be approved by the school's Board of Education. Once achieving these requirements, a volunteer falls under all Bylaws and Sports Regulations of the OHSAA.

**Can a player on my team participate in non-interscholastic team(s) at the same time as the season?**

Answer: No. Sports' Regulation #4 prohibits student-athletes from participating in programs such as "AAU", "Club", "Travel" and like programs during the season of play. Coaches should go to great lengths to explain this to players on their teams.

**When CAN a player on my team participate in Non-Interscholastic Basketball?**

Answer: As soon as his/her season is complete. This means a Varsity player may participate as soon as his/her last game (including tournament) is played. Any sub-varsity player may play non-interscholastically when his/her season is complete **but** it must be kept in mind that he/she cannot return to dress/participate in any OHSAA tournament game. Many Athletic Administrations will safeguard this by allowing no level of player to



participate in non-interscholastic basketball until the varsity's last tournament game. Though not entirely necessary, this DOES safeguard all athletes.

**What is meant by "season complete"? Does that mean the Varsity team being knocked out of the tournament, season ending banquet, or what?**

**Answer:** A team's season is complete when they have played their last scheduled game. Another way to look at it is that as soon as a player DOES participate in tryouts, practice or a contest for a non-school team, he or she is now ineligible to return to the school team. So put another way, if a JV player were to tryout with his/her AAU team after their JV season is completed, that person would not be eligible to return to dress or participate for the Varsity team in Sectional, District, Regional or State tournament play.

**How many players can play together on a Non-Interscholastic team such as AAU?**

**Answer:** TWO (2). OHSAA Sports Regulations limit the number of participants on any non-interscholastic roster to no more than 50% of those that make up a starting lineup of a team. In basketball, that magic number is 2. The only exception to this is explained on page 67 in Sports' Regulation 6.21 in which all members of the non-interscholastic squad are siblings (by blood or adoption) and no other player from the same school squad is a participant on the non-school team.

**Can our team participate in a fundraiser game against a faculty or a team of local/area celebrities outside the season of play?**

**Answer:** Only during June and July. Any event such as that between the end of the season and June 1 that has more than 2 players from the same school would be in violation of Sports Regulation 6.5 that limits the number on any one team out of season.

**If our school has 2-8<sup>th</sup> grade teams, are we permitted to have 4 total players from our school on a non-interscholastic team (AAU/Travel)?**

**Answer:** No, UNLESS your 2 separate 8<sup>th</sup> grade teams are in 2 separate middle schools. For example, if you have Jones Middle School and Smith Middle School, you COULD have 2 from "Jones" and 2 from "Smith" on the same non-interscholastic team. If you have both 8<sup>th</sup> grade teams in the same building, you are strictly limited to the 2 from that particular school, regardless of how many teams you have.

**Is the above true for 3 on 3 Tournaments such as "Gus Macker" (and like) tournaments?**

**Answer:** No. Effective with the 2011-12 school year, players may participate in organized "3 on 3 Tournaments" (such as Gus Macker Tournaments) in excess of the 50% limitation (2 in basketball). The permission is now written into the Basketball Sports Regulations in Regulation 4.4 and reads: "Participation in "3 on 3" tournaments (such as but not limited to "Gus Macker" tournaments) is **not** a violation OHSAA non-interscholastic Team Sports Regulation 6.5 for student-athletes."

**How are players 'classified' when in Middle School/Junior High and High School relative to playing on non-interscholastic teams?**

**Answer:** Players are considered middle school/junior high until the beginning of their 9<sup>th</sup> grade year and are considered separate as it relates to participating on non-interscholastic teams. For example; 2 - 8<sup>th</sup> graders could participate on an "AAU" (non-interscholastic) team along with 2 - 9<sup>th</sup> graders from the same school. They are considered separate. Please keep in mind this cannot occur during the season of play.

**During the summer, how many days are we permitted to coach our players?**

**Answer:** TEN (10). From June 1 – July 31, a coaching staff is permitted to coach a total 10 days, known as 'instructional days'.

**Does a day of my own summer camp count toward these 10 days?**

**Answer:** Yes. Any day of instruction is considered one of the 10 total permitted between June 1 and July 31.

**How about if I coach a team that consists of only 2 players from my school team (during June and July)?**

**Answer:** Currently the OHSAA does not view that as an instructional day, but one must remember it MUST be between June 1 and July 31.

**Does each member of my staff receive 10 separate days?**

**Answer:** No. Obviously, if this were to occur, a school could have upwards of 40 and 60 days of permitted instruction. The 10 days permitted are per staff.

**Do Volunteers count in the 10 day total?**

**Answer:** Yes. As mentioned earlier, all volunteers fall under the Bylaws and Sports Regulations of the OHSAA. The 10 days permitted to a staff are inclusive of paid and volunteer coaches.

**If my son or daughter plays on an AAU or Non-Interscholastic team, can I coach them if I am a school coach?**

**Answer:** Only during the June 1 – July 31 period of time. Coaching one's own players is prohibited outside the season other than those dates and no exception is provided for families.

**Can a Junior High coach from my district coach HIGH SCHOOL players in non-interscholastic basketball (such as "AAU") outside the season of play?**

**Answer:** Yes...IF the supplemental contract the Junior High coach signs does not require him/her to coach additionally during practice at the high school level (and most do not stipulate that). Simply look at the contract you sign....and if does not stipulate that, then you ARE permitted to do so.

Can a High School coach from a district coach JUNIOR HIGH players in non-interscholastic basketball (such as "AAU") outside the season of play?

Answer: Yes...IF the supplemental contract the High coach signs does not require him/her to coach additionally during practice at the junior high school level (and most do not stipulate that). Simply look at the contract you sign....and if does not stipulate that, then you ARE permitted to do so.

We have incoming 7<sup>th</sup> graders that want to play in a fall basketball league. What rules affect them?

Answer: None of the OHSAA Sports Regulations regulate 7<sup>th</sup> graders until they establish themselves as a member of a school basketball team. As a result, they may play on teams without regard of the "50% limitation".

On non-interscholastic teams, can 2 boys from a school play along with 3 GIRLS from the same school and still meet the requirements of the "50% Rule" (Sports Regulation 6.5) when players participate in non-interscholastic basketball?

Answer: Yes. Since boys' and girls' teams are separate, the 50% limitation (Sports Regulation 6.5) separates boys' teams from girls' teams.

Now that we are at the conclusion of many Junior High Seasons, here are some common Questions and Answers:

Our Junior High season is over but our players would like to get more time since it is still 'early'. Can they attend a high school practice after school?

Answer: Yes, they can attend, however, they cannot participate at all. They are free to watch and observe but they cannot participate at all.

Could they (junior high players) shoot around?

Answer: Yes, they can but allowing them to do so is 'cutting it close'. The minute they mix in with any shooting drill, any conditioning, ANY part of the practice, they are in violation of the regulation.

My Junior High players would like some additional instruction. May one of the high school coaches provide it to them after their high school practice?

Answer: No. Instruction from any board of education approved coach is not permitted anytime outside the season of play (referencing the player's season of play in this case) except for 10 days during June and July.

What about a Volunteer providing that instruction?

Answer: Same answer...."No". All volunteers by law must be Board of Education approved, therefore, there would be no opportunity presenting itself that would allow this scenario.

Ok...then could a PARENT provide this instruction?

Answer: We certainly are not able to regulate (nor do we care to) what parents do with kids away from the school setting. However, keep in mind that it would be against any school policy to permit anyone not connected to the school to come in and use school facilities for instruction such as this. And, any organized instruction out of season by non-coaching personnel (i.e. parent) can be done only as INDIVIDUAL instruction. Nothing beyond 1 vs 1 is permitted as part of any instructional program.

Our players are signing up to play in a travel league this spring. Can a High School coach from our district (grades 9-12) coach JUNIOR HIGH players (current grades 7-8) in non-interscholastic basketball (such as "AAU") outside the season of play?

Answer: Yes...IF the supplemental contract the High coach signs does not require him/her to also coach games and practice at the junior high school level (and most do not stipulate that). Simply look at the contract you sign....and if does not stipulate that, then you ARE permitted to do so.

Can a Junior High coach from my district (grades 7-8) coach HIGH SCHOOL players (grades 9-12) in non-interscholastic basketball (such as "AAU") outside the season of play?

Answer: Yes...IF the supplemental contract the Junior High coach signs does not require him/her to coach additionally during practice at the high school level (and most do not stipulate that). Simply look at the contract you sign....and if does not stipulate that, then you ARE permitted to do so.

Complete BASKETBALL Regulations may be found at the following link: <http://www.ohsaa.org/sports/rglts/BK11-12.pdf>

Complete GENERAL SPORT REGULATIONS may be found at this link: <http://www.ohsaa.org/sports/rglts/GenSportsReg11-12.pdf>