

16. TRACK AND FIELD (OUTDOOR) — BOYS AND GIRLS

A. GENERAL REGULATIONS

1) Interscholastic Participation

1.1) Each student participant is limited to participation in a maximum of one contest per day.

1.2) Participation limitations:

Grades 9-12 — Maximum of four track and field events per contest. The four events may be any combination of track and field events, including relays, or may be four track events or four field events. This regulation applies to all competitions, single and multi-day, and both regular season and OHSAA tournaments. **PARTICIPATION LIMITATION PENALTY**—An athlete who exceeds the participation limitation becomes an ineligible athlete. The forfeiture bylaws apply as written in Bylaw 10.

Participation in non-varsity and varsity events on the same day is permissible provided the individual participation limit is not exceeded and occurs within the same contest.

Grades 7 & 8 — Maximum of three events per contest.

1.3) The javelin is not an approved event in interscholastic competition.

1.4) A school squad may be divided so that the school is represented at two different contests on the same day. However, each contest counts in the maximum of 16 permitted for that school team.

1.5) Grades 7 & 8: 10 days of practice required prior to first interscholastic competition.

2) Non-Interscholastic Participation

2.1) A member of an interscholastic track and field squad (any student who has participated in a regular season or tournament contest) sponsored by the Board of Education **shall not participate in a non-interscholastic contest** as an individual or a member of a team in the sport of track and field **during the school's season** (Sports Regulation 7.2.2).

2.2) Individual Non-Interscholastic Competition Dates:

A track and field athlete who has not participated for the school in track and field that season must cease non-interscholastic track and field competition six weeks (42 days) prior to the Monday of the week of the State Tournament in track and field in order to be eligible for OHSAA Tournament competition.

In addition, an athlete who has participated for the school in track and field who violates this non-interscholastic competition date by participating in a non-interscholastic contest in track and field shall be ineligible for OHSAA tournament competition in track and field in addition to any other penalties that may be prescribed.

Date: April 17, 2017.

2.3) Road racing is interpreted as a different sport than track and field. If the entire race is run on a road, participation is not a violation of the non-interscholastic competition bylaw.

3) Penalties

3.1) The maximum penalty for violation of Sports Regulation 7.2 (participation with a non-interscholastic track and field squad or in non-interscholastic competition while a member of the school's interscholastic track and field squad) or any OHSAA regulations for any member of the school squad EXCEPT a senior is ineligibility for the remainder of the interscholastic track and field season or the ensuing track and field season. For a senior, the maximum penalty shall be ineligibility for the remainder of the school year.

TRACK & FIELD 2016-2017**4) Transfer Bylaw**

Due to the many questions regarding this bylaw and its application to students desiring to participate in track and field, please go to the OHSAA website (www.ohsaa.org), click on the “Eligibility” link, then click on the “Transfer Bylaw Resource Center” to assist in the understanding of this bylaw. Note that students who transfer and do not meet an exception to this bylaw are ineligible for all contests until regular season contest number nine (9) in track and field.

5) Other Bylaws and Regulations

For information on Ejection for Unsporting Conduct See *Ejection Policies for Coaches and Players* under Section 13 and 14 of the General Sports Regulations at www.ohsaa.org.

For information on Out of State Travel regulations see Bylaw 9-2 at www.ohsaa.org.

Please find the Track & Field Manual at www.ohsaa.org on the Track & Field Page.

B. SPECIFIC REGULATIONS — Grades 9-12

- 1) Coaching, tryouts and instruction may begin — March 6, 2017.
- 2) First contest — March 25, 2017.
- 3) Deadline date for OHSAA Tournaments — April 24, 2017.
- 4) Tournament draw/seeding meeting — April 30, 2017.
- 5) Coaching and Season end — June 10, 2017.
- 6) Scrimmages — None permitted.
- 7) Regular season contests — 16 for team and individuals.
- 8) Rules — National Federation Track and Field.
- 9) Officials:
 - 9.1) Varsity — Minimum of one OHSAA Registered Class 1 official who shall be the contest referee required.
 - 9.2) Reserve/Junior Varsity — Minimum of one OHSAA Registered Class 1 official who shall be the referee required.
 - 9.3) Freshman — OHSAA Class 1 or 3 recommended.

C. SPECIFIC REGULATIONS — Grades 7 & 8

- 1) Coaching, tryouts and instruction may begin — March 6, 2017.
- 2) First contest — March 25, 2017.
- 3) Coaching and Season end — June 10, 2017.
- 4) Scrimmages — None permitted.
- 5) Regular season contests — Maximum of 12 per season plus one league championship meet (team and individual) plus OHSAA state meet.
- 6) Rules — National Federation Track and Field.
- 7) Officials — One or more OHSAA Class 1 Track and Field recommended.

2016-2017 TRACK & FIELD

Track & Field	2017	2018	2019	2020	2021	2022
Coaching Begins	3/6	3/5	3/4	3/9	3/8	3/7
Season Begins	3/25	3/24	3/23	3/28	3/27	3/26
Non-Interscholastic Date	4/17	4/16	4/15	4/20	4/19	4/18
District	5/15-5/20	5/14-5/19	5/13-5/18	5/18-5/23	5/17-5/22	5/16-5/21
Regional	5/24-5/27	5/23-5/26	5/22-5/25	5/27-5/30	5/26-5/29	5/25-5/28
State	6/2-6/3	6/1-6/2	5/31-6/1	6/5-6/6	6/4-6/5	6/3-6/4
Season Ends	6/10	6/9	6/8	6/13	6/12	6/11
Easter	4/16	4/1	4/21	4/12	4/4	4/17

REGIONAL TOURNAMENTS

Division I and III — Wednesday and Friday; Division II — Thursday and Saturday

STATE TOURNAMENTS — ORDER OF COMPETITION

III, II, I