

Online Rules Meetings  
Available until August 31!  
Available through the link on  
the Volleyball Page here:

<http://www.ohsaa.org/sports/vb/girls/default.asp>

### Get Your Pupil Activity Certificate Updated!

Schools that permit coaches to coach (Paid or volunteer) without a valid Pupil Activity Certificate issued by the ODE will be fined \$250.00 per coach. Log onto the "Sports Medicine" Page at [www.ohsaa.org](http://www.ohsaa.org) for more information on how to obtain your Certificate.

### Scrimmage Note

Each team in your program is permitted to schedule 5 scrimmages PLUS 1 Preview. You may use these scrimmages **at any time during the season** and many teams do hold one to use during the tournament season.

### Pre-Season Manuals for Coaches and Officials

A great deal of effort has gone into making the Pre-Season Manual for Coaches and Officials a **resource** to use throughout the year. Everything from off-season regulations to Rule Changes are addressed to better communicate with you. Have a question? Most likely it is addressed in the Manual. Manuals were sent out in June to all school Athletic Administrators for distribution to coaches and in June and early July to all officials. Didn't receive one? You can always access it online at:

<http://www.ohsaa.org/sports/vb/girls/Manual.pdf>

### Have a Great Season!

Questions about VB rules? Coaches should contact Deborah Moore or Diane Plas. Officials should contact their local association interpreter. Questions about OHSAA rules? Coaches should contact Debbie. Eligibility questions? – Please see your principal or AD.

# THIS WEEK IN VOLLEYBALL



The Ohio High School Athletic Association

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### Week Two Begins!

Most schools will have squads selected and may begin contests in the form of scrimmages this week. Please remember to check with your athletic administrator and/or principal to insure that you have received eligibility clearance for each student who is on your school team. In addition, your athletic administrator will verify that all students have been cleared by a medical examiner as required yearly and certified on a pre-participation evaluation.

### Uniform Questions

We will be concluding our face to face rules meetings in one week on August 20 in Salem. Many of our early season questions are concerning the new uniform rule which will become effective in 2016. Our online presentation, as well as the face to face rules meeting, covers this change in great deal. However, if you would like more information, please go to this site on the NFHS web site for another tutorial: <http://www.nfhs.org/Workarea/DownloadAsset.aspx?id=6722>

### Clarification of the procedure for conducting the coin toss prior to the deciding set

Our Director of Development, Diane Plas, has released a document clarifying this procedure for our officials and coaches. This salient features are included below.

If the result of the concluded set ties the set score at 2-2 (best-of-5-set match) or 1-1 (best-of-3-set match) a deciding set is to be played. The first referee directs the players to their respective end lines with a sweeping gesture in which palms face the end lines and then visually confirms with the second referee that set point has been scored (second referee mimics end-of-set signal to confirm).

**The referees should follow the procedure below:**

**Step 1.** The R1 or R2 whistles the fault that ends the set. After the signal for the fault, the R1 awards a loss of rally/point, which the R2 mimics.

**Step 2.** After visually confirming the score with the R2, the R1 blows the whistle, gives the end-of-set signal, and directs the teams to their respective end lines with an open-hands-to-the-end-line gesture.

**Step 3.** The teams are now on their end lines.

**Step 4.** Without whistling, the R1 directs the captains to the R2 for the coin toss near the officials' table. The captains (one from each team) who participate in the coin toss are the speaking captains on the floor at the end of the set.

- The R1 directs the captains for the toss by making a "C" with each thumb and index finger and then extends both arms toward the table with palms facing each other (Play Pic – Power Point).

**Note:** A whistle by the R2, after the R1 has directed the captains to the table should not be necessary but the R2 may double tweet if needed to get the captains' attention.

**Step 5.** The R1 whistles to release the teams to their respective benches. This gesture should be a sweeping extension of the arms with palms facing the benches (Play Pic – Power Point).

**Step 6.** The R2 conducts the coin toss in front of the officials' table with the home team captain calling the toss.

**Step 7.** The R2 visually notifies the R1 of the results of the coin toss through the appropriate signals (Play Pic – Power Point). There are no whistles by the R2 when communicating this information.

- R2 indicates the serving team by using the loss of rally/point signal toward the team who will be serving (PRIOR TO the teams switching sides if that is the result of the coin toss).
- R2 indicates whether the teams are staying on the same sides by putting arms out toward the respective courts (palms facing the court) or uses the change of courts signal to signal the teams are switching benches.

**Step 8.** The R1 whistles and gives the appropriate signal to indicate the teams will be switching benches or staying on their current sides) – if the teams are switching they can do so directly through the bench area. There is no need in this instance for a team to go counter clockwise around the R1 stand.

**Step 9.** The timer begins the 3-minute interval between sets after the R1 whistles and signals that the teams are to switch sides or stay on their current sides.

**Step 10.** R2 Duties after the Toss:

- R2 confirms the start of the 3-minute interval between sets.
- R2 confirms the results of the coin toss with the coaches and the scorer.
- R2 monitors the teams if there is a switch of benches (recommend the R2 face the table approximately in line with the standard to monitor the switch of benches). No need to do this if the teams are staying on the same side.