

## Online Rules Meetings

The complimentary rules meeting is available only until August 31 at Midnight. From Sept. 1-14, the fee for watching the meeting is \$50. Don't Delay!

<http://www.ohsaa.org/sports/vb/girls/default.asp>

### Coaches: Are you a member of the Ohio High School Volleyball Coaches Association? If not, please consider joining this outstanding organization. Click here to learn more:

[www.ohsvca.org](http://www.ohsvca.org)

### Sports Medicine Issues

Although the serious injury rate for volleyball is relatively low compared to other sports, you have an obligation to keep informed about issues involving concussion and heat related illness – an entirely preventable condition. Please visit our web site at these links to review information on these issues:

<http://www.ohsaa.org/medicine/default.htm>



# THIS WEEK IN VOLLEYBALL



The Ohio High School Athletic Association

Volume 3

Issue 4

August 27, 2012

## Set Limitations for 7<sup>th</sup>-8<sup>th</sup> grade volleyball and other assorted reminders

It is wonderful when schools have so many students that are interested in playing volleyball at our "developmental level" which is the middle school/7<sup>th</sup>-8<sup>th</sup> grade level. However, the Board of Directors has been very clear in permitting each squad at the middle school (as well as each individual player) to play in no more than 20 matches on 16 playing dates plus a post season tournament not to exceed four matches. With those match limitations are specific playing rules that also establish the set limitations. Here is a quick review:

1. Each 7<sup>th</sup> or 8<sup>th</sup> grade player may play in no more than three sets per common opponent.
2. Each match is played in a best of three format with all sets to 25 with no cap.
3. It is not permissible to extend a match to a third set when a team has already won the match by winning the first two sets.
4. It is not permissible to add any additional sets to a match in violation of the three set limitation adopted by the Board.
5. If schools have numbers that support adding more matches for a squad, for example a school might have 7<sup>th</sup> grade "Red" and 7<sup>th</sup> grade "White" squads, then each of those squads may play up to 20 matches.
6. Note, there is no requirement as to what grade level student plays on what squad as long as the students are in either 7<sup>th</sup> or 8<sup>th</sup> grade. Thus, an 8<sup>th</sup> grader could play on a 7<sup>th</sup> grade squad and vice-versa. If a school is setting up teams without consideration of the student's grade level, perhaps naming those squads by something other than "7<sup>th</sup> grade" or "8<sup>th</sup> grade" might be better (just a suggestion☺).
7. The libero position has not been adopted for 7-8<sup>th</sup> grade participation in Ohio.
8. 6<sup>th</sup> grade students are ineligible for interscholastic participation in Ohio member 7-8<sup>th</sup> grade schools.

Schools, please do not put officials in difficult situations by asking them to support violation of Board-adopted policies!

## Instructional Programs

We have received several questions, primarily from folks who make their livings coaching players in club programs outside the interscholastic volleyball season, regarding what type of instruction, if any, can be provided during the interscholastic season. Please note that a player may receive individual lessons during the volleyball season from a person who is not the coach provided that it is cleared with the school and the school coach. That option is expressed in Gen. SR. 7.3 at this link:

<http://www.ohsaa.org/sports/rqlts/GenSportsReg12-13.pdf>

## Non-Interscholastic Programs

General Sports Regulation 6.3- **Participating in Non-Interscholastic Programs – Team Sports** – A member of an interscholastic volleyball squad sponsored by the Board of Education or other governing board in volleyball shall not participate in a **volleyball contest, tryouts** or any type of **team or group training or practices** on a non-interscholastic squad in volleyball during the school's interscholastic volleyball season. This regulation is applicable for those invited to participate in a tryout, group training or practices at a college or in contests, tryouts, group training or practices with any non-school team such as a club. Volleyball refers to that which might be played in a gym, on the beach, with six players, with three or two players, etc. Coaches: please review this regulation with your players as we have already had reports of violation. You may want to review the rules meeting online presentation as this topic was covered both during the face to face presentation as well as the online recording.

The school volleyball season is short. Coaches should have every expectation and assurance that students wishing to play for their schools are not involved in participation with outside groups while they are members of the school team.