

Online Rules Meetings
In 2013, all meetings, except
the one face-to face meeting
at the OHSVCA clinic on
July 26, will be conducted
online. There will be a
separate meeting for
coaches and one for
officials. The online
meetings will be available at
this link beginning July 26.

<http://www.ohsaa.org/sports/vb/girls/default.asp>

There are very few major
rules changes in Volleyball
for 2013; therefore, we
believe that the online
option will work best for

Get Your Pupil Activity Program/Coaching Permit Updated!

Schools that permit coaches to
coach (Paid or volunteer)
without a valid Pupil Activity
Program/Coaching Permit
issued by the ODE will be fined
\$250.00 per coach. Log onto
the "Sports Medicine" Page at
ohsaa.org for more information
on how to obtain your Permit.
Remember that when you
renew or receive a new permit,
you must show evidence of
having completed an online
Concussion Education
course.

Volleyball Manuals for Coaches and Officials

Coaches should have received
their VB rules books in the mail,
and officials will be receiving
their rules books and NFHS
preseason guide shortly. We
are no longer mailing the
Volleyball Manual. Please click
on this link to access this
publication and either print it or
download to your computer or
mobile device.

<http://ohsaa.org/sports/vb/girls/vbmanual.pdf>

THIS WEEK IN VOLLEYBALL



The Ohio High School Athletic Association

PRE-SEASON ISSUE

June 21, 2013

Season Opens On August 1!

Beginning with the 2013 volleyball season, each year for the foreseeable future, coaching and instruction may begin on August 1. The exception to this rule is when August 1 falls on Sunday. In those years, the season will begin on August 2.

Have You Scheduled Your Pre-Season Meeting?

Pre-Season Parent/Athlete meetings are **mandated** by the OHSAA. As a Head Coach, you KNOW the importance of good communication. There could not be a better opportunity to review the expectations with parents AND players. Make your message clear; make certain you provide them written copies of your 'team rules'. Address 'playing time' and players that 'move up and down'. Being 'up front' now with YOUR expectations will go a long way down the road when issues develop. And in a long season, they always do! We even provide sample agenda's, video resources, etc. for these meetings. You can even log on and show the NFHS' "Concussion Course" or "The Role of the Parent In Sports" during these pre-season meetings. The OHSAA has produced a new presentation, which is available here: mms://209.17.116.3/3335979/2013_14_Preseason_Meeting.wmv for use at the pre-season meeting.

New Instructional Program Regulations Adopted by the Board of Directors

This past spring the Board approved an amendment to the Instruction Program General Sports Regulations to allow interscholastic coaches to have **instructional contact** with their volleyball players during the school year. One of the questions that is most prominent with this new privilege is the question, "Can we now coach our players in JO programs?" The answer to that question is "No." This regulation permits a coach to instruct no more than four (4) players on his or her team in the same facility as long as the instruction takes place outside of the no-contact period. The no-contact period for volleyball is 28 days after the last match for that school. The coach may provide any type of instruction desired with those four players during the instructional period, which will most often take place at the school. We want to emphasize that this is an instructional opportunity and not a competitive experience. The amendment is designed to assist students who might not be able to afford private instruction or the fees associated with a non-interscholastic competitive experience.

Concussion Regulations and Student Safety

There will be much more information to come on this topic as the season approaches, and the topic is discussed in great detail in the Volleyball Manual and in the online rules meetings for both coaches and officials. For now, please read the new regulations which are found here: <http://ohsaa.org/medicine/Concussions/ConcussionRegulations.pdf>

New Uniform Rules in 2016

We are receiving many questions about uniforms, and we understand that no one wants to make an expensive mistake on a uniform that has to last for five years or more. Remember that nothing in this new rule excuses a school from providing uniforms that comply with current NFHS rules including insuring that the libero uniform is clearly contrasting from all angles. See this link on the NFHS web site for more information on this change: <http://www.nfhs.org/Workarea/DownloadAsset.aspx?id=6722>. Also please note that we will be reviewing the rules again in the online meeting, and there is also information in the Volleyball Manual, and, of course, your NFHS rules book for 2013-14.

Officials – Signal Sequence Changing

The major change in 2013 for our volleyball officials is the signal sequence. We will be presenting this information in our Local Interpreters Clinic, which is open only to the officers in each of our local associations and to all officials via our online state rules and local association meetings. Our Director of Development, Ms. Diane Plas, will be providing many resources and support as we transition to this new protocol.