

Online Rules Meetings  
In 2014, all meetings, except  
the one face-to face meeting  
at the OHSVCA clinic on  
July 25, will be conducted  
online. There will be a  
separate online meeting for  
coaches and one for  
officials. The online  
meetings will be available at  
this link beginning July 22.

[http://www.ohsaa.org/sports  
/vb/girls/default.asp](http://www.ohsaa.org/sports/vb/girls/default.asp)

There are very few major  
rules changes in Volleyball  
for 2014; therefore, we  
believe that the online  
option will work best for

#### Get Your Pupil Activity Program/Coaching Permit Updated!

Schools that permit coaches to  
coach (Paid or volunteer)  
without a valid Pupil Activity  
Program/Coaching Permit  
issued by the ODE will be fined  
\$250.00 per coach. Log onto  
the "Sports Medicine" Page at  
[ohsaa.org](http://ohsaa.org) for more information  
on how to obtain your Permit.  
Remember that when you  
renew or receive a new permit,  
you must show evidence of  
having completed an online  
Concussion Education  
course.

#### Volleyball Manuals for Coaches and Officials

We are no longer mailing the  
**Volleyball Manual**. Please click  
on this link to access this  
publication and either print it or  
download to your computer or  
mobile device.

[http://ohsaa.org/sports/vb/girls/v  
bmanual.pdf](http://ohsaa.org/sports/vb/girls/vbmanual.pdf)

# THIS WEEK IN VOLLEYBALL



The Ohio High School Athletic Association

PRE-SEASON ISSUE

June 23, 2014

### Season Opens On August 1!

Just as with the 2013 volleyball season, each year for the foreseeable future, coaching and instruction may begin on August 1. The exception to this rule is when August 1 falls on Sunday. In those years, the season will begin on August 2.

### Have You Scheduled Your Pre-Season Meeting?

Pre-Season Parent/Athlete meetings are **mandated** by the OHSAA. As a Head Coach, you KNOW the importance of good communication. There could not be a better opportunity to review the expectations with parents AND players. Make your message clear; make certain you provide them written copies of your 'team rules'. Address 'playing time' and players that 'move up and down'. Being 'up front' now with YOUR expectations will go a long way down the road when issues develop. And in a long season, they always do! We even provide sample agenda's, video resources, etc. for these meetings. You can log on and show the NFHS' "Concussion Course" or "The Role of the Parent In Sports" during these pre-season meetings. Last year the OHSAA produced a new presentation, which is available here again for your use in 2014: [mms://209.17.116.3/3335979/2013\\_14\\_P preseason\\_Meeting.wmv](mms://209.17.116.3/3335979/2013_14_P preseason_Meeting.wmv) for use at the pre-season meeting.

### Instructional Program Regulations Adopted by the Board of Directors

A year ago the Board approved an amendment to the Instruction Program General Sports Regulations to allow interscholastic coaches to have **instructional contact** with their volleyball players during the school year and also during the June 1-July 31 summer period. One of the questions that is most prominent with this new privilege is the question, "Can we now coach our players in JO programs?" The answer to that question is "No." This regulation permits a coach to instruct no more than four (4) players on his or her team in the same facility as long as the instruction takes place outside of the no-contact period. The no-contact period for volleyball is 28 days after the last match for that school. The coach may provide any type of instruction desired with those four players during the instructional period, which will most often take place at the school. We want to emphasize that this is an instructional opportunity and not a competitive experience. The amendment is designed to assist students who might not be able to afford private instruction or the fees associated with a non-interscholastic competitive experience. Please see your manual, which is posted online here: <http://www.ohsaa.org/sports/vb/girls/vbmanual.pdf> for FAQ's on this regulation.

### Concussion Regulations and Student Safety

There will be much more information to come on this topic as the season approaches, and the topic is discussed in great detail in the Volleyball Manual and in the online rules meetings for both coaches and officials. For now, please read the regulations which are found here: <http://ohsaa.org/medicine/Concussions/ConcussionRegulations.pdf>

### New Uniform Rules in 2016

We are receiving many questions about uniforms, and we understand that no one wants to make an expensive mistake on a uniform that has to last for five years or more. Remember that nothing in this new rule excuses a school from providing uniforms that comply with current NFHS rules including insuring that the libero uniform is clearly contrasting from all angles. See this link on the NFHS web site for more information on this change: <http://www.nfhs.org/Workarea/DownloadAsset.aspx?id=6722>. Also please note that we will be reviewing the rules again in the online meeting, and there is also information in the Volleyball Manual, and, of course, your NFHS rules book for 2013-14.

### Rules Books

There are so few rules changes in volleyball this year, that we have decided to provide an update on the changes in your manual and in the rules meetings. Therefore, coaches will not receive a new rules book this year. If you do want to purchase one, you may do so through the mail through the OHSAA office or at the volleyball clinic or you can purchase an e-book for your mobile device. See more details in your volleyball manual. Officials will continue to receive rules books each year. We will provide new rules book to all schools in 2015.