

To: All Ohio Head Basketball Coaches
From: Jerry Snodgrass, Assistant Commissioner
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August 8, 2016 marks the beginning of the OHSAA's mandated 28-day "No-Contact Period" which ends with Labor Day. This provides us an opportunity to provide you with several important informational items as many of you will pick up with fall workouts, etc. after Labor Day.

The No-Contact Period

As mentioned, this 28 day period ends with Labor Day and restricts coaches from **any basketball related contact** with players that played in your 7-12 program last year. I encourage you to look at the purpose of this long-standing regulation and not different ways to 'get around' it. Players need a break, COACHES need a break and this also provides the much needed opportunity for fall sports to get underway. Any questions....check out this document: <http://www.ohsaa.org/sports/bk/ReboundersReport/BasketballNo-ContactRule.pdf>

Individual Instruction

As many of you make plans to utilize the permissions in this regulation, I urge you to review the restrictions. This is the 3rd year for the Individual Instruction Regulation- originally proposed by the OHSBCA. The purpose of this was to provide coaches the opportunity to provide individual SKILL instruction – **NOT team workouts**. I would encourage you to read, print and disseminate the updated explanation of this regulation located at: <http://www.ohsaa.org/sports/bk/ReboundersReport/GeneralSportsRegulation8.6Explanation.pdf>

Open Gyms, Conditioning Programs, Weight Lifting Programs

It has always been my intent to remove any and all misunderstandings as well as address all scenarios permitted within various other sports regulations – most notably those addressing "Open Gyms", "Conditioning & Weight Programs". This communication should provide you with answers to many questions and close any loopholes one might often 'think' exists. As in the above, I strongly encourage you to read, print and disseminate the explanations of these regulations that can be found on the our "Rebounders Report" page at: <http://www.ohsaa.org/sports/bk/ReboundersReport/ReboundersReport.htm>

Fall Leagues

Fall isn't just for football anymore....Fall baseball, fall softball and fall basketball leagues are increasing in number every year. With the increase in these, this is just a reminder that General Sports Regulation 7.3.1 still restricts the number of players that played for the same school teams the previous season to **TWO** on the same NON-school team outside the season (except during June and July). If you want to read the entire explanation, you can find this in the OHSAA's General Sports Regulations on page 66 and 67 at: <http://www.ohsaa.org/sports/rqlts/GeneralSportsRegulations.pdf>

"Showcases"

Another overnight sensation – "Showcases". Intended to feature the 'elite' players, Ohio stands to have the best tournament ever based upon the number of "Showcases" that have developed. Simply keep in mind that "Showcases" are no different than any other "Travel", "AAU", "Classic" or whatever other name they may go by in the off-season. There is a limit of 2 players on these teams that played for the same school teams the previous seasons. Just as indicated above with "Fall Leagues" and the same General Sports Regulation (7.3.1) applies.

Are you a NEW Head Coach at Your School?

Coaches that are new to a school often have many questions – often times assuming they have opportunities to extend the 10 summer days or that the no-contact period does not apply to them (both are NOT true!). The document I have posted at this link is designed to help you with those many questions at your new school:

<http://www.ohsaa.org/sports/bk/ReboundersReport/BasketballCoachPermissionOverview.pdf>

The 2016-17 Season Ahead

The start date for the 2015-16 basketball season was the earliest it has ever been. This was due to the date of Easter – which determines the date of the state tournaments and everything counted back from there. For 2016-17, the basketball season/tournaments will not be early.

Rules Meetings/Online Manual

Again this year, all State Rules Meetings will be conducted online. These meetings will be active at a future date.