

2010-2011 Girls Gymnastics
Questions and Answers taken from the 2010 Rules Interpretation Meetings

1. Please explain further the new compositional deduction on beam for not attempting to perform two acro skills in a row:

The purpose of this new deduction is to encourage gymnasts to perform 2 acro skills in a row, regardless of the gymnast's skill level. The criteria needed to meet the acro series SR remain as written in the handbook and in the USAG Code of Points.

For any attempt to do an acro series which has a stop or fall, the routine will have a 0.20 SR deduction plus the fall and execution of the skills. If only one acro skill is performed without an attempt at a second skill after the first, deduct 0.20 for the SR **and** 0.30 for no attempt at two acro skills in a row.

EXAMPLES:

- BWO with no attempt to do a second skill- deduct 0.20 SR and 0.30 for no attempt to do 2 acro skills.
- BWO with a fall or breaking of series **or** with a connected BWO- deduct 0.20 for SR but do not deduct 0.30 as a second acro skill with or without flight was attempted.
- BWO with a BHS that has no feet touching the beam on the BHS- deduct 0.20 for SR but do not take 0.30 as two acro skills were attempted. Remember- the BHS will not receive VP if feet do not touch the beam.

Please look at the information on what is not connectable on pg. 14 of the OHSAA handbook. Skills landing in a two footed lunge are considered **non-connectable** to another skill.

A kick over 45 degrees between elements will break the series for SR but will fulfill the compositional deduction of no attempt to connect two acro skills.

2. Can a coach stand on a block to spot vault?

Coaches are NOT permitted to stand on a block to spot during the competition. This follows USAG gymnastics spotting regulations for the Junior Olympic program.

3. On pg. 12 of the handbook it talks about the coaches and gymnasts decision to continue. Is this different from the new information on concussion management?

The page 12 information refers to a bleeding gymnast. Please refer to the handbook information on pg. 27 as well as the information from OHSAA on this website for further clarification on concussion management.

4. What is the official uniform for judges this season?

The uniform for girls gymnastics is a red sweater with a white shirt and blue or black pants. NAWGJ uniforms will be worn for invitationals and tournaments.