

Ohio High School Athletic Association  
Girls Gymnastics 2011-2012

Questions/Answers and Mid-Season Update  
For Coaches and Officials

1. Can a gymnast do a “counting skill” twice for credit in order to get to the 5 skills needed for a full routine? Yes, it can be used the same way as any element listed in the code of points.
2. Can a gymnast stand on a panel mat to mount bars or beam? Yes, this was clarified by USAG in May 2011. The mat must be removed after mounting the apparatus, the same as the springboard.
3. Some coaches have asked about gymnasts wearing “feathers” in their hair during competition. At this time, there are no regulations and there is no penalty.
4. Please remember that there is NO JEWELRY allowed on the floor at any high school competition. This includes warm-ups, touch warm-ups and presentation to officials/processional. There is no warning for this rule- it is a safety rule for all sports in OHSAA. It is a .2 penalty on the first event and .3 if continued to be worn on following events.
5. All coaches and judges are asked to review the Last Salto Clarification from last season. Please see [www.ohsaa.org](http://www.ohsaa.org) to review this and all new documents for this season- score sheets, vault values, bonus/composition charts and other helpful information.
6. All clear hips in OHSAA competition are B value part skills, regardless of casting angle prior to, or exit angle after, the skill. Judges are required to take the proper deductions for casting and angle but must award a “B” value part if hips remain away from the bar for the entire circle. Body posture faults should also be taken.
7. If the gymnast does a level 5 dismount on bars, what is the deduction? There would be a .2 deduction from SV for no “A” dismount but there would NOT be a .3 deduction for no dismount. A dismount was attempted but it was not an “A” value part. (Same with underswing/sole circle dismount off low bar)
8. On bars, the C+C combination where both elements have turn or flight is .2 bonus.
9. Judges are requested to review the following questions from the exam:
  - a. #9- answer should be B .1,.3,.1
  - b. #23- answer should be C
  - c. #31- C+C bonus on beam is .2- skills can be same or different but must be directly connected.

**GOOD LUCK TO ALL WITH THE REST OF THE SEASON!!**