

2015-2016 OHSAA COMPOSITION

Bars SR (4 SR @.20 ea.)	Beam SR (4@ .20 ea.)	Floor SR (4@ .20 ea.)	K. Edwards 9/2015
◦1 Bar Change ◦1 "B" Fl. Or B turn (not mt. or dsmt.) ◦Min. B from 3/6/7 ◦Min. A dismount	◦Acro Series 2 or more elements, one of which must have flight ◦One leap or jump w/180°split ◦Min. 1/1 turn or more one foot ◦Min. A dsmt.	◦Acro series w/2 saltos or 2 directly connected saltos ◦3 dif. Saltos w/1 routine ◦Dance Passage ◦Min. A salto performed as last isolated salto or in last salto connection	
Composition Insufficient dist. of elements Λ .10 Uncharacteristic element ea. <u>.10</u> ¾ fwd. Giant circle (w/ or w/0 grip change)ea. <u>.10</u> <i>Choice of Elements</i> max. <u>.25</u> <ul style="list-style-type: none"> Failure to perform fwd. & bwd. <u>.05</u> Lack variety in ele. & conn. Λ.10 Choice of ele. not up to comp. Level (OHSAA state meet) Λ.10 Lack of ele. that achieve or pass thru vertical Λ .20	Composition – No attempt at acro series <u>.30</u> Missing acro bwd. & fwd or swd. ea. <u>.10</u> *If only in dmt. <u>.05</u> Spatially – induff. use of entire beam Λ .10 Insuff. Distribution of elements Λ .10 Dmt. a single ele. of minimal req. dif. for the level <u>.05</u> Insuff. level changes Λ .10 Failure to show movements choreo in diff. directions Λ .10 Lack of variety in choice of Acro elements Λ .10 More than 2 pivot turns in exercise <u>.10</u> More than 2 dance elements of same shape (tuck/wolf) or straddle) ea. type <u>.10</u> More than 1 leap/jump to front support ea. <u>.10</u> Acro elements not up to level (OHSAA State Meet) Λ .20 Lack of bal. between acro and dance Λ .20 Lack of dance series (min. 2 ele. from group 1/2/3) <u>.20</u> More than 1 element before mount <u>.20</u> Execution Feet apart on side pos. landing of leap/. jumps ea. Λ .10 Hesitation in jump/press/swing to HS Λ .10 Incor. body pos./alignment in dance element ea. Λ .10 Lack of precision in dance elements. ea. Λ .10 Turn elements not performed in high releve ea. Λ .10 Landing too close to beam on dismount <u>.10</u> Concentration pause (more than 2 sec.) ea. <u>.10</u> Rhythm of conn. – dance/mixed/acro (not bwd.) flight ea. Λ .20 Insufficient split when required (dance/acro ele.) Λ .20 Legs not parallel to beam in split or straddle pike Λ .20 Insufficient dynamics Λ .20 Insuff. Height of leaps/jumps/hops ea. Λ .20 Insuff. Height of acro flights, aerials & saltos ea. Λ .20 Insufficient sureness of performance – throughout Λ .20 Insuff. Vaiation in rhythm/tempo – throughout Λ .20 Relaxed/incorr. footwork in non-value parts throughout Λ .20 Support of 1 leg against side of BB <u>.20</u> Insuff. Height of salto dismount Λ .30 Additional movement to maintain balance on the beam Λ .30 Direction on gainer dsmt – off end of beam Λ .30 Insuf. Ext (open) of tuck/pike body pos. prior to landing acro Elem. & dmt. Λ .30 Relaxed/incorr/insuff leg pos./body posture/& flexibility In non-value parts throughout Λ .30 Grasp of beam to avoid fall <u>.30</u> Artistry/Presentation Λ .30 <ul style="list-style-type: none"> originality/creativity of choreo. Λ .10 Quality of movement reflects personal style Λ .10 Quality of expression Λ .10 	Composition Insufficient dist. of elements Λ .10 Space (use of entire floor area) & direction ea. Λ .10 Failure to perform saltos in 2 dif. Directions <u>.10</u> (bwd. & fwd. or swd) More than 2 dance elements of same shape ea. type <u>.10</u> (tuck/wolf or straddle) More than 1 leap/jump to prone ea. <u>.10</u> Lack of balance btwn. acro & dance VP Λ .20 Acro not up to competitive level (OHSAA State) Λ .20 Lack of turn on 1 foot, min. B <u>.20</u> Lack of min. of B salto <u>.30</u> Execution Feet apart on landing of leap/jump/hops ea. Λ .10 Incorrect rhythm during exec. of direct conn. ea. Λ .10 Incorrect body pos./alignment on dance element ea. Λ .10 Lack of precision in dance elements ea. <u>.10</u> Turn VP's not performed in high releve ea. <u>.10</u> Concentration pause (more than 2 sec.) ea. <u>.10</u> Legs not parallel to floor in split or straddle pike Λ .20 Insuff. Height of leaps/jumps/hops ea. Λ .20 Insuff. Height of acro flights & aerials ea. Λ .20 Insuff. Split on VP elements Λ .20 Insuff. Dynamics Λ .20 Insuff. Variation in rhythm/tempo throughout Λ .20 Relaxed/incorr. footwork in non-value parts throughout Λ .20 Poor relationship of music/movement throughout Λ .20 Insuff. Height of saltos ea. Λ .30 Insuff ext. (open) of tuck/pike body pos. prior to Landing Acro elements Λ .30 Relaxed/incorr./insuff. Leg pos./body posture& Flexibility in non-value parts throughout Λ .30 Missing synchronization of movement & musical beat Λ .30 <ul style="list-style-type: none"> Each time <u>.05</u> Exercise not ended with mu <u>.10</u> Artistry/Presentation Λ .30 <ul style="list-style-type: none"> Originality/creativity of horeography Λ.10 Quality of movement reflects personal Λ.10 Quality of expression Λ.10 Music with voice or no music (CJ) <u>1.00</u>	
Execution Swing fwd or bwd. under horizontal ea. Λ .10 Under rotation of release/flight elements Λ .10 Precision of handstand positions throughout Λ .10 Insuff. Extension of glides/swing into kips Λ .10 Poor rhythm in elements/connections Λ .10 Hesitation in jump or swing to HS Λ .10 Touch, brush of foot/feet on apparatus/mat Λ .10 Landing too close to bars on dismount <u>.10</u> Insufficient dynamics Λ .20 <ul style="list-style-type: none"> Insufficient swingful execution throughout Energy maintained throughout exercise Makes difficult look effortless Hit of foot/feet on apparatus <u>.20</u> Incorrect padding (heel/hip) CJ <u>.20</u> Insufficient height of salto dismount Λ .30 Insuff. Extension (open) of tuck/pike body pos. Prior to landing dismount Λ .30 Hit of foot/feet on mat <u>.30</u> Grasp of apparatus to avoid a fall <u>.30</u> Intermediate (extra) swing/cast (Max of .60 per element) <u>.30</u> Insuff. Amplitude of "B" Clear hip circles Λ .40 Full support on foot/feet on mat during routine <u>.50</u>	Range of Scores The Average Determines the Range 9.50 – 10.00 .2 pt. 9.00 – 9.475 .3 pt. 8.00 – 8.975 .5 pt. Below 8.00 1.00 pt. Courtesy Score 3.0		