



JR. OLYMPIC VAULT VALUES FOR LEVEL 9

(Effective August 1, 2010 - July 31, 2013)

GROUP I HANDSPRINGS, YAMASHITAS	GROUP II HANDSPRINGS with or without 1/1 TURN - SALTO FORWARD OR BACKWARD	GROUP III TSUKAHARA or ½ on - SALTO FWD OR BWD with or without TURN	GROUP IV Round - off, Flic-flac on - SALTO FWD OR BWD with or without LA TURN	GROUP V Round - off, Flic-flac with ½ or 1/1 turn on - HNDSPG or SALTO FWD OR BWD with or without LA TURN
1.101 Handspring 8.6 1.102 Hndspring- ½ 8.7 1.103 Yamashita 8.6 1.104 Yami - ½ 8.7 1.105 ¼ - ½ on - 8.7 ¾ - ½ off 1.106 ¼ - ½ on - Repulsion off 7.0		<i>Note for the J.O. Program:</i> All Group 3 vaults may be performed with a 90° to 180° LA turn in the first flight	4.101 RO,FF on - Repulsion off 7.0 4.102 <u>RO,FF on - Repulsion ½ off 8.7</u> OHSAA ONLY	5.101 RO,FF ½ on - Hndspg off 8.9
1.201 Hsp - 1/1 9.0 1.202 Hsp - 1½ 9.4 1.204 Yami - 1/1 9.0 1.205 ¼ - ½ on - 8.9 1¼-1/1 off 1.206 ¼ - ½ on - 9.3 1¾ -1½ off 1.207 1/1 on - H/Y 9.0 1.208 1/1 on - ½ off 9.3	2.301 Hsp - Front Tuck 10.0 2.302 Hsp - Front Tuck ½ 10.0 2.304 Hsp - Front Pike 10.0 2.310 Fr. Hndsp onto board, Hsp. - Fr. Tuck (Ilg) 10.0 2.311 Fr. Hndsp onto board, Hsp. - Fr. Pike (Garbarino) 10.0	3.201 Tsukahara Tuck 9.6 3.302 Tsuk Tuck 1/1 10.0 3.303 Tsuk Pike 9.7 3.304 Tsuk layout 10.0 3.306 ¼-½ on - ¾-½ off, Fr. Tuck 9.9 or ¼ on - ¼ off, Fr. Tuck (land facing out) or Tsuk tuck ½	4.201 RO,FF on - Back Tuck 9.6 4.302 RO,FF on - B. Tuck 1/1 10.0 4.304 RO,FF on - B. Pike 9.7 4.305 RO,FF on - B. Layout 10.0 4.307 RO,FF on - ½ off, Fr. Tuck 9.9 or RO,FF on - B. Tuck ½ 4.312 RO,FF on - 1/1 twist off 9.1 4.313 RO,FF on - 1½ twist off 9.3 (Allen)	5.201 RO,FF ½ on - 1/1 twist off 9.2 5.202 RO,FF ½ on - 1½ twist off 9.4 5.307 RO,FF 1/1 on - 1/1 twist off 9.3
1.301 Hsp - 2/1 9.9 1.305 ¼ - ½ on - 9.8 2¼ - 2/1 off 1.307 1/1 on - 1/1 9.7		3.509 ¼-½ on - ¾-½ off, Fr. Tuck ½ (Shible) 10.0	4.412 RO,FF on - 2/1 twist off 9.8 (Allen) 4.607 RO, FF on - ½ turn off, Fr. Tuck ½ (Beckman) 10.0	5.420 RO,FF ½ on - 2/1 twist off 9.9