

5. FIELD HOCKEY – GIRLS

A. GENERAL REGULATIONS

1) Interscholastic Participation

- 1.1) A player shall be permitted to play in a maximum of two games per day up to a maximum of three halves per common opponent. The maximum number of contests shall be 16 with a maximum total of 32 halves for the season.

If a player participates in more than three halves in one day, the player shall be ejected from the game when discovered and the team shall play short for the remainder of the game. All halves played shall count as halves toward the maximum permitted.

- 1.2) Any regular season game in field hockey which is not started due to unforeseen circumstances, such as failure of team to arrive, strikes, school closings, is “No Contest.” Games not played are not included in won-lost statistics.
- 1.3) Any tournament game interrupted due to events beyond the control of the responsible administrative authority shall be continued from the point of interruption.
- 1.4) **PREVIEW** — A preview may be scheduled and played only during the period of time beginning with the Friday before the season begins and ending with the date of the first regular season game of the teams involved. A preview may not exceed one half of a regulation contest for any one player or team and shall be played according to National Federation Field Hockey Rules.
- 1.5) The Board of Directors has approved tie-break procedures only for high school postseason play in OHSAA tournaments with one exception: Varsity High School regular season games that are tied at the end of regulation may play one 10-minute sudden victory overtime using the regulations approved by the Board of Directors for this season. **No subvarsity contests (junior varsity, reserve, freshman or grades 7-8) are authorized to use a tie-break procedure.** If playing a regular season tournament at a subvarsity level, schools may agree on another procedure to advance a team when the game results in a tie.

Note: The Board of Directors has established Overtime procedures for OHSAA tournament play—**10SV-10SV-PS-SVPS**. If an OHSAA tournament game is tied after regulation, teams will play one 10-minute sudden victory (SV) overtime period. If the score remains tied after the first 10-minute SV period then a second 10-minute SV period will be played. If the game is still tied, the game will be determined by a regulation series of penalty strokes with each team having five opportunities to score. If the game is still tied after the first set of regulation Penalty Strokes (PS), a Sudden Victory Penalty Stroke (SVPS) procedure shall be commenced until a winner is determined. Please refer to the field hockey tournament regulations for detailed overtime procedures. Tournament regulations can be found at www.ohsaa.org.

2) Out-of-State Travel

A field hockey team may travel out of state to compete in contests (scrimmage, preview or other types of competition) in states or provinces in Canada that are contiguous to Ohio regardless of distance to travel. The states include Indiana, Kentucky, Michigan, Pennsylvania and West Virginia. The province includes Ontario. Additionally, a field hockey team may travel out of state one time per sport per interscholastic season to compete in states or provinces in Canada that are not contiguous to Ohio provided there is no loss of school time.

“School time” is defined as any time during any day during which the school is in session as stipulated in its Board-adopted school calendar exclusive of contingency days. Penalty for violation: The school shall be ineligible for the OHSAA postseason tournament in the sport in which the out-of-state travel was involved and could be subject to additional penalties as referenced in Bylaw 11.

EXCEPTION: If, because of missed school days due to calamity situations, an otherwise non-school day(s) becomes a school day(s) in order to make-up for the missed school day, the school may compete in a contest(s) outside the state of Ohio provided:

- 1) The school had contracted for/committed to said trip/contest(s) at least three months prior to the contest(s) in question and;
- 2) The school receives written permission from the Commissioner’s office at least one week in advance of the scheduled event.

A field hockey team may not travel out of state only to practice.

3) **Ejection for Unsporting Conduct**

See *Ejection Policies for Players and Coaches* under Section 11 of the General Sports Regulations.

4) **Non-Interscholastic Participation**

4.1) A member of an interscholastic field hockey squad (any student who has played in a scrimmage, preview or regular season/tournament game as a substitute or starter) sponsored by the Board of Education **shall not participate in a non-interscholastic program** (tryouts, practice or contest) as an individual or a member of a team in the sport of field hockey **during the school’s season** (Sports Regulation 4.3).

4.2) A member of an interscholastic field hockey squad (any student who has played in a scrimmage, preview or regular season/tournament game as a substitute or starter) sponsored by the Board of Education may participate in non-interscholastic field hockey outdoors prior to and after the school season under the following conditions:

4.21) The number of interscholastic field hockey players from the same school on the non-interscholastic squad is limited to five on the roster of that non-interscholastic squad. A roster is defined as all the members of the entire squad on that non-interscholastic squad.

Note: Graduating seniors who are participating on a non-interscholastic field hockey squad after their final interscholastic contest of the season in the sport of field hockey are exempt from this limitation.

4.22) There is no limit on the number of field hockey squad members from the same school participating on the same squad during the period June 1-July 31.

4.23) A player may continue to play with a non-interscholastic squad in a national qualifying tournament in excess of the five-player limitation after July 31 until the squad is eliminated but no later than Labor Day.

4.24) Non-interscholastic participation includes tryouts, training, practice and competition.

4.3) Participation in indoor field hockey, under the rules of the International Rules for Indoor Field Hockey, is not a violation of OHSAA non-interscholastic team Sports Regulation 4.3 for student-athletes.

4.4) In accordance with Sports Regulation 4.9, interscholastic field hockey coaches are prohibited from coaching their own interscholastic squad members in indoor field hockey except for 10 days from June 1-July 31.

4.5) All-Star Games — There are many directors of non-interscholastic competitions that use the term “All-Star” in describing their events. Student-athletes in team sports who wish to participate in one of these “all-star” competitions outside the interscholastic season of their sports may do so without jeopardy to eligibility provided the students maintain compliance with Sports Regulations 4.3 and 4.5.

The purpose of this special “All-Star” regulation is to provide an opportunity for the interscholastic team sport coach to coach players from his or her own school in a competition that has the following components:

- 1) Participants shall be selected from at least four schools.
- 2) All participants shall be graduating seniors or students completing their athletic eligibility at the end of the semester.
- 3) Participants shall play in no more than two All-Star games.
- 4) Participants shall not participate until after they have participated in their final contest for their school (Sports Regulations 4.3).

Penalty: For a senior, violation of this regulation may result in the loss of athletic eligibility for the balance of the school year. For all other students, the penalty may result in loss of eligibility for the ensuing season in the sport in which the student participated in the All-Star contest.

4.6) Individual Non-Interscholastic Competition Dates:

A field hockey athlete who has not participated for a school team in field hockey that season must cease non-interscholastic field hockey competition six weeks (42 days) prior to the Monday of the state tournament in field hockey in order to be eligible for OHSAA tournament competition provided applicable Bylaws and Regulations have been followed.

Date: September 21, 2009.

In addition, an athlete who has participated for the school in field hockey who violates this non-interscholastic competition date by participating in a non-interscholastic contest in field hockey shall be ineligible for OHSAA tournament competition in field hockey in addition to any other penalties that may be prescribed.

5) **Instructional Programs**

See *Regulations for Instructional Programs* under Section 5 of the General Sports Regulations.

6) **No Contact Period — Coaches**

See *Regulations for No Contact Period — Coaches* under Section 8 of the General Sports Regulations.

7) **Penalties**

- 7.1) The maximum penalty for violation of Sports Regulation 4.3 (participation with a non-interscholastic field hockey squad while a member of the school's interscholastic field hockey squad) or any OHSAA regulations for any member of the school squad EXCEPT a senior is ineligibility for the remainder of the interscholastic field hockey season or the ensuing field hockey season. For a senior, the maximum penalty shall be ineligibility for the remainder of the school year.
- 7.2) The penalty for a coach for violation of Sports Regulation 4.9 (non-interscholastic teams) may include suspension, probation, public censure, fine not to exceed \$1000 per occurrence, or such other penalty as the Commissioner may deem appropriate.

B. SPECIFIC REGULATIONS — Grades 9-12

- 1) Coaching and instruction may begin — August 10, 2009.
EXCEPTION: Classes begin on or before August 21, coaching may begin August 7.
- 2) First game — August 29, 2009.
- 3) Deadline date for OHSAA Tournament — October 5, 2009.
- 4) Tournament draw/seeding meeting — October 11, 2009.
- 5) Coaching and Season end — November 7, 2009.
- 6) Scrimmages and Previews — Maximum of four scrimmages or three scrimmages and one preview. (**Note: Scrimmages and previews do not count in season won-lost statistics**).

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- 7) Regular season games — 16.
 - 8) Rules — National Federation Field Hockey.
 - 9) Officials — Varsity only — Two field hockey officials required. It is recommended that one of the two be an OHSAA Class 1 official. In the event that only one official is available to officiate, the game may be played provided the participating coaches agree.
- C. SPECIFIC REGULATIONS — Grades 7 & 8
- 1) Coaching and instruction may begin — August 10, 2009.
EXCEPTION: Classes begin on or before August 21, coaching may begin August 7.
 - 2) First game — August 29, 2009.
 - 3) Coaching and Season end — November 7, 2009.
 - 4) Scrimmages — None permitted.
 - 5) Regular Season games — 14.
 - 6) Rules — National Federation Field Hockey.
 - 7) Officials — Minimum of one OHSAA Class 1 Field Hockey Official recommended.

Field Hockey	2009	2010	2011	2012	2013	2014
Coaching Begins	8/10*	8/9	8/8	8/6	8/5	8/4
Earliest Preview Date	8/28	8/27	8/26	8/24	8/23	8/22
Season Begins	8/29	8/28	8/27	8/25	8/24	8/23
Non-Interscholastic Date	9/21	9/20	9/19	9/17	9/16	9/15
State Qualifying Round	10/19-10/31	10/18-10/30	10/17-10/29	10/15-10/27	10/14-10/26	10/13-10/25
State	11/6-11/7	11/5-11/6	11/4-11/5	11/2-11/3	11/1-11/2	10/31-11/1
Season Ends	11/7	11/6	11/5	11/3	11/2	11/1
Thanksgiving	11/26	11/25	11/24	11/22	11/28	11/27

Coach — No Contact Period Starts the first day after the last Interscholastic contest; and ends 28 days later
 *See exception in B1 and C1.