Online Rules Meetings The complimentary online meeting will be available at this link beginning July 22 through August 29. <u>http://ohsaa.articulateonline.com/4244091455</u>

From August 30-September 12, the meeting will cost \$50.00.

## **ONLINE RESOURCES**

Coaches and Officials Manual: http://www.ohsaa.org/sports/vb/ girls/vbmanual.pdf Tournament Regulations: http://www.ohsaa.org/sports/vb/ girls/vbrglts.pdf General Sports Regulations: http://www.ohsaa.org/sports/rglt s/GeneralSportsRegulations.pdf Volleyball Regulations http://www.ohsaa.org/sports/rglt s/VB.pdf NFHS Learning Center: http://nfhslearn.com/

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# THIS WEEK IN VOLLEYBALL

The Ohio High School Athletic Association

**ISSUE 4** 

August 22, 2014

#### WARM-UPS

There seems to be some confusion about the time period for warm-ups. The OHSAA has not adopted a mandated regular season protocol leaving that decision to schools and/or conferences. The mandated protocol for all OHSAA tournaments is found in the Tournament Regulations here: <u>http://www.ohsaa.org/sports/vb/girls/vbrglts.pdf</u> It is 4-7-7-2 and will not change unless the OHSVCA can propose a protocol that is favored by the majority of schools.

#### **RULES MEETING REMINDER**

Please take note that the complimentary rules interpretation meeting, which is mandatory for high school coaches and officials, closes at midnight on August 29 – ONE WEEK FROM TODAY! Failure to complete this requirement means that your school will be INELIGIBLE for the OHSAA tournament. Officials shall be suspended for non-compliance.

#### **NFHS LEARNING CENTER**

The National Federation of State Associations maintains an outstanding learning center for coaches, officials, parents and students. You will find a broad array of courses from the NCAA Eligibility course to "Positive Sport Parenting" to the Fundamentals of Coaching Volleyball. Take a look at www.nfhslearn.com, and we think you'll be amazed at the resources available many of which are free.

#### NON-INTERSCHOLASTIC PARTICIPATION WARNING

Now that the interscholastic season is officially underway, I want to take this opportunity to remind all coaches of Sports Regulation 7 – Non-Interscholastic Programs or Teams. Please take a few moments each week to remind your players that they are not permitted to **tryout**, **workout**, **train or compete** with their non-school clubs, teams or any other entity while members of your school team. Any such participation results in ineligibility of the player and ultimately forfeiture if that player plays in a match.

#### **UNIFORM REVIEW - AGAIN**

We continue to get questions about uniforms, not only for the current school year, but also in anticipation of the major change in 2016. Some people think that the new rules require **all players** to wear a solid colored jersey. Such is not the case. The rule reads: Beginning in July 2016, the libero shall wear a uniform top that is immediately recognized from all angles as being in clear contrast to and distinct from the other members of the team. The libero and/or his/her teammates shall wear a solid-colored uniform top. Regarding the solid color top: (Note the and/or which means that either the libero or her teammates OR both must be in a solid colored top.

- The solid color uniform top shall clearly contrast from the predominant color(s) of the teammates' uniform top.
  Predominant color(s) is the color(s) appearing on approximately half of the uniform.
- 2) Sleeves shall be the same color as the body of the uniform top.
- Piping/trim not exceeding one inch (1") in total at its widest point may be placed along the seam and maybe a different color(s) than the uniform top.
- 4) Lettering and colors may be a different color(s) than the uniform top.
- 5) A single school name, mascot and/or player's name may be placed on the uniform top, but shall not disrupt the integrity of the solid-color uniform top. Designs are not permitted. A singl mascot reference and/or school name may be places on the sleeve(s), not to exceed 4 by 4" or 3 X 5 "
- 6) Numbers shall be a contrasting color to the uniform top and meet all other specifications in Rule 2-2-4.
- 7) You may view a presentation on this rules change at http://www.nfhs.org/WorkArea/DownloadAsset.aspx?id=9070