



OHIO HIGH SCHOOL ATHLETIC ASSOCIATION
4080 Roselea Place ~ Columbus, OH 43214
(614) 267-2502 ~ (614) 267-1677 (fax)
www.ohsaa.org

MEMORANDUM

TO: Volleyball Coaches & Officials
FROM: Deborah B. Moore, Associate Commissioner
DATE: June, 2009
RE: Information for the 2009 Volleyball Season

Please find enclosed in this mailing information that will help you to prepare for the upcoming volleyball season. I hope that you find this *Volleyball Preseason Manual* useful in explaining those items that you will need to review prior to beginning the season. This manual may also serve as a reference throughout the season, so please keep it accessible. The manual will be posted to the volleyball page on the OHSAA web site at www.ohsaa.org by the end of June.

Please note that the state rules interpretation meeting IS MANDATORY for high school coaches and all officials. The details and information about these meetings can be found on pages 3-4 of the manual.

We appreciate your taking the time to carefully review this information. Page 2 lists the table of contents that includes information about competition rules for 2009, information for both coaches and officials and many other resources.

Wishing you a terrific volleyball season!



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Enclosures

| For Coaches & Officials | OFFICIALS |
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| 2009-10 NFHS Volleyball Rule Book "Your Athletic Eligibility" Brochure Information about Volleyball Service Week | 2009-10 Volleyball Case Book and Officials Manual NFHS Volleyball Officials Preseason Guide |

OHSAA MISSION STATEMENT

The Ohio High School Athletic Association's mission is to regulate and administer interscholastic athletic competition in a fair and equitable manner while promoting the values of participation in interscholastic athletics as an integral part of a student's educational experience. The OHSAA represents its member schools by recognizing and promoting academics, the safety of participants, good citizenship and lifelong values as the foundation of interscholastic athletics.

2009 VOLLEYBALL RULES INTERPRETATION MEETINGS

By OHSAA Board of Directors regulation, any school sponsoring interscholastic contests in high school volleyball must have the head girls volleyball coach, assistant girls volleyball coach or athletic administrator attend one of the meetings listed below. Any school failing to meet this requirement will be ineligible for any OHSAA sponsored tournament competition.

Those coaches or officials who do not attend a regularly scheduled rules interpretation meeting or the scheduled make-up meeting may request a special make-up meeting from one of the interpreters listed below. The fee for a special make-up meeting is \$50.00.

Officials who fail to attend one of these meetings will be suspended the following year. Attendance is also required in order to be eligible for state tournament assignments in the current year.

It will be the responsibility of the head girls volleyball coach, assistant girls volleyball coach or athletic administrator of each school and officials to be in attendance within 10 minutes of the start of the meeting and stay until the conclusion of the meeting in order to receive credit for attendance.

| INTERPRETERS | PHONE | E-MAIL |
|---------------|-----------------------|--|
| Keith Fisher | 937-845-8695 | |
| Deborah Moore | 614-267-2502 Ext. 115 | dmoore@ohsaa.org |
| Diane Plas | 440-647-5866 | jplas@prodigy.net |
| Steve Trout | 419-753-7431 | strout1@woh.rr.com |

| SITE # | DATE | CITY | PLACE | TIME | COORDINATOR |
|--------|----------------|-------------|--|------------|------------------|
| 11 DM | Mon., Aug. 3 | Zanesville | Ohio University-Zanesville, W110 Elson Hall 1425 Newark Rd., 43701 | 7:15 P.M. | Phyllis Morgan |
| 12 DP | Mon., Aug. 3 | Lorain | Southview High School, Aud. 2270 E. 42 nd St., 44055 | 7:15 P.M. | Sharon Griffith |
| 13 ST | Tues., Aug. 4 | Ashland | Ashland High School, Cafeteria 1440 King Rd., 44805 | 7:15 P.M. | Rick Brindley |
| 14 DM | Tues., Aug. 4 | The Plains | Athens High School, Aud. 1 High School Rd., 45780 | 7:15 P.M. | Anne L'Heureux |
| 15 KF | Wed., Aug. 5 | Fairborn | Fairborn High School, Aud. 900 E. Dayton Yellow-Springs Rd., 45324 | 7:15 P.M. | Jim Smerz |
| 16 DP | Wed., Aug. 5 | Twinsburg | Twinsburg High School, Commons 10084 Ravenna Rd., 44087 | 7:15 P.M. | Mike Silverthorn |
| 17 ST | Thurs., Aug. 6 | Holland | Springfield High School, Aud. 1470 S. McCord Rd., 43528 | 7:15 P.M. | Robb Brown |
| 18 KF | Thurs., Aug. 6 | Marion | Tri-Rivers Career Center, Multipurpose Room 2222 Marion-Mount Gilead Rd., 43302 | 7:15 P.M. | Deb Clauss |
| 19 DM | Fri., Aug. 7 | Westerville | Westerville Central High School 7118 Mount Royal Ave., 43082 | 12:00 Noon | TBA |
| 20 KF | Mon., Aug. 10 | Cincinnati | Indian Hill High School, Aud. 6865 Drake Rd., 45243 | 7:15 P.M. | Jill Bruder |
| 21 ST | Mon., Aug. 10 | Belmont | Union Local High School, Middle Sch.-Aud. 66779 Belmont-Morristown Rd., 43718 | 7:15 P.M. | Mark Cisar |
| 22 DP | Tues., Aug. 11 | Copley | Copley High School, Aud. 3807 Ridgewood Rd., 44321 | 7:15 P.M. | Dana Addis |
| 23 DM | Tues., Aug. 11 | Hilliard | Hilliard Davidson H.S., Main Gym 5100 Davidson Rd., 43026 | 7:15 P.M. | Mark Princehorn |
| 24 ST | Wed., Aug. 12 | Defiance | Ayersville High School, Aud. 28046 Watson Rd., 43512 | 7:15 P.M. | Dwight Dundore |
| 25 KF | Wed., Aug. 12 | Chillicothe | Chillicothe High School, Cafeteria 421 Yoctangee Pkwy., 45601 | 7:15 P.M. | Rey Bradley |

| | | | | | | |
|----|----|-----------------|--------------|--|-----------|----------------|
| 26 | ST | Thurs., Aug. 13 | Lima | Bath High School, Aud. 2850 Bible Rd., 45801 | 7:15 P.M. | Gary Wolfe |
| 27 | DP | Thurs., Aug. 13 | Salem | Salem High School, Cafeteria 1200 E. Sixth St., 44460 | 7:15 P.M. | Greg Steffey |
| 28 | DM | Mon., Aug. 17 | Newark | Newark Campus OSUN/COTC 1179 University Dr., 100 Founder's Hall Aud., 43055 | 7:15 P.M. | Bill Lattig |
| 29 | KF | Mon., Aug. 17 | Lucasville | Valley High School, Auditorium 18215 SR 728, 45648 | 7:15 P.M. | Ron Miller |
| 30 | DP | Thurs., Aug. 18 | North Canton | Hoover High School, Hoover Hall 525 Seventh St. NE, 44720 | 7:15 P.M. | Don Schimek |
| 31 | KF | Tues., Aug. 18 | Piqua | Piqua High School, Aud. 1 Indian Trail, 45356 | 7:15 P.M. | David Palmer |
| 32 | DP | Wed., Aug. 19 | Geneva | Geneva High School, Auditorium 1301 S. Ridge Rd. East, 44041 | 7:15 P.M. | Jen Richards |
| 33 | ST | Thurs., Aug. 20 | Bellevue | Bellevue High School, Cafeteria 200 Oakland Ave., 44811 | 7:15 P.M. | Brian Schubert |
| 34 | DM | Tues., Aug. 25 | Columbus | \$50.00 – Make-up – OHSAA Headquarters 4080 Roselea Pl., 43214 | 4:00 P.M. | |

CALENDAR

IMPORTANT DATES

| 2009 OHSAA VOLLEYBALL CALENDAR | |
|---|---|
| August 10 | First Day of Coaching and Instruction |
| August 28 | Earliest Date for a Preview |
| August 14-29 | Time Period for Volleyball Service Match |
| August 29 | First Regulation Season Contest Permitted |
| September 29 | Non-Interscholastic Competition No Longer Permitted |
| October 6 | Deadline for Entering or Withdrawing from the OHSAA Tournament |
| October 11 | Seeding and Draw Meeting |
| October 19-24 | Sectional Tournaments * |
| October 26-31 | District Tournaments |
| November 2-7 | Regional Tournaments |
| November 12-14 | State Tournament – Nutter Center, Wright State University, Fairborn |
| *District Athletic Boards may begin Sectional Competition the weekend prior to October 19 | |

OHSAA CONTACT INFORMATION

OHSAA Office – 4080 Roselea Place, Columbus, OH 43214 ~ 614-267-2502 ~ 614-267-1677 (fax)

| Name | Title | Responsibilities | E-Mail/Phone |
|-----------------|--------------------------|---|--|
| Deborah Moore | Associate Commissioner | Oversees the sport & coordinates the tournaments; Rules Interpreter | dmoore@ohsaa.org |
| Henry Zaborniak | Assistant Commissioner | Oversees officials programs & tournament assignments | hزابorniak@ohsaa.org |
| Reneé Moore | Administrative Assistant | Assists in the coordination of the sport & tournaments | rmoore@ohsaa.org |

VOLLEYBALL LINKS

| | |
|---|--|
| National Federation of State High School Associations | www.nfhs.org |
| Ohio High School Volleyball Coaches Association | www.ohsvca.org |
| Ohio Valley Region of USA Volleyball | www.ovr.org |
| USA Volleyball | www.usavb.com |

COACHES

OHIO HIGH SCHOOL VOLLEYBALL COACHES ASSOCIATION

www.ohsvca.org

The Ohio High School Volleyball Coaches Association was founded in 1983 to promote the highest standards in interscholastic volleyball and the volleyball coaching profession. We strive to build harmonious relationships between coaches, administrators, and officials concerning the sport of volleyball. Our members work diligently to foster professional and social fellowship among coaches. The OHSVCA is proud to honor coaches and players for their accomplishments by sponsoring many events and awards including: All Ohio awards, the All Ohio Match, individual and team scholastic achievement awards, coaching achievement awards, scholarships, Hall of Fame, weekly coaches poll, coaching clinic, state tournament hospitality room, Elite Camp, SEI Award and the www.OHSVCA.org website.

2009 OHSVCA Officers Directory

| | | | |
|--|--|---|--|
| <p>Executive Director: Carol Russo Phone: 440-323-7802 (H) carolbr@oh.rr.com</p> | <p>President: Scott Taylor Lakeview High School 300 Hillman Drive Cortland, Ohio 44410 Phone: 330-637-8821 staylor@ohsvca.org</p> | <p>Vice-President: Tracey Kornau Lakota West High School 8940 Union Centre Blvd West Chester, Ohio 45069 Phone: 513-874-5699 Fax: 513-682-4133</p> | <p>Treasurer: Kaye Keller Shawnee Middle School 3235 Zurmehly Road Lima, Ohio 45806 Phone: 419-998-8057 Fax: 419-998-8127</p> |
|--|--|---|--|

Please refer the to OHSVCA website for other contact information.

VOLLEYBALL MODIFICATIONS AND INTERPRETATIONS

The rules as printed in the NFHS Edition 2009-2010 Volleyball Rules Book will apply in all matches involving OHSAA member schools. Exceptions are those noted below or by interpretation in future bulletins.

1) RULE 4-2-1 AND OHSAA SPORTS REGULATION - UNIFORMS

- A. Uniforms worn by participants in interscholastic athletic contests must conform to the playing rules adopted by the OHSAA for that sport. Any lettering or emblems (pictures or insignias) on uniforms must pertain to the school name, team nickname (mascot), individual's name or sport.
- B. Please note that in accordance with Rule 4-2-9 and the OHSAA uniform regulation, a single partial/whole manufacturer's logo/trademark/reference is permitted on each piece of the uniform provided it is no more than **2 ¼ square inches with no dimension more than 2 ¼ inches** and does not interfere with the visibility of the player's number. **Individuals responsible for the purchase of uniforms must clearly communicate this restriction to the agent from whom the uniforms are purchased.**
- C. Please note that all uniform rules are combined under one Section: Legal Uniform. Points of emphasis under this section include:
 1. 4-2-1 - Permits a player to wear unadorned compression shorts of a single color similar to the predominant color of the uniform bottom
 2. 4-2-4f - Further clarifies and affirms the intent of the rule requiring numbers on the front of the uniform top to be at least four inches high with **the top of that number no more than five inches down from the shoulder seam or placed so the number is centered no more than five inches below the bottom edge of any neckline ribbing, placket or seams on the uniform top**
 3. 4-2-2 – **Libero Uniform** – The libero must wear a uniform top that is immediately recognizable from all angles as being in clear contrast to and distinct from other members of the team. **See 4-4-2 for the complete reference.**
 4. Numbers that are not of a **contrasting color** (either the body of the number or the contrasting border) to the uniform jersey or do not meet the specific placement requirement render the uniform **ILLEGAL**. Penalty #1 indicates that a player wearing an illegal uniform shall not enter the match, and the team shall be assessed unnecessary delay.
NOTE: All uniforms must be free of all hard and unyielding items such as buttons, zippers, snaps and fasteners.

2) RULE 1-2-1- MATCH LIMITATIONS – Please see the section of this manual entitled “Ohio Match Limitations”

3) RULE 2-1-4 COURT AND MARKINGS and RULE 3-1-4 NET HEIGHT

The 2-inch centerline shall be required. **A solid or shadow-bordered 2-inch wide line is permissible.** Home management may not elect to eliminate or alter this important court marking for any reason. Markings do not need to be permanent. **See the note on page 12 of the NFHS rules book for a complete description of this court marking rule.**

Officials should take great care to insure that the net is at the prescribed height measured at the center of the net (7'4 1/8"-high school; 7'-7-8th grade).

- 4) **RULE 4-1-6** specifies, "Players shall not wear jewelry- including during prematch warmups." This means that players in grades 7-12 shall not wear any type earrings, other body piercing jewelry, beads in the hair, necklaces etc. Bobby pins are permitted. Religious medallions and medical medals may be worn if removed from the chain and taped to the body under the uniform (religious medals) or where visible (medical medals). "Friendship" bracelets, rubber "statement" bracelets, etc. are considered jewelry and shall be removed. Hair control devices shall be soft and worn in the hair; not on other parts of the body. Exception: bobby pins are permitted.
- 5) **RULE 11-3-1** provides for a Coach-Official Conference to rectify a correctable error. Use of this rule is strongly urged when justified. Officials must be willing to consult with the coach when a rule is misapplied or misinterpreted. In addition, the official must make the correction if an error is made. All schools and officials are directed to have rules books available and to consult them when necessary. This privilege does NOT apply to decisions involving the judgment of the officials. (Rule 11-3-2)
- 6) **COACHES/PLAYERS EJECTION FROM GAME OR MATCH** - Officials shall file a written report with the school and the OHSAA office whenever a coach or a player is ejected from a game or match. Use the Special Report Form provided to all officials. The form may also be obtained by contacting the Association office or the local officials association secretary. In addition, the official should telephone the school principal or athletic administrator no later than the next business day after the ejection unless the official has notified that administrator at the match site. The offending school (coach, athletic administrator or principal) must file a written report with the OHSAA anytime a coach or player is ejected from a contest, home or away. Any coach ejected shall pay a \$100 fine and shall complete the NFHS Fundamentals of Coaching within 30 days of the ejection. Go to www.nfhslearn.com to take the course.
- 7) **PROFESSIONALISM** - Your professionalism is of the utmost importance. Your athletes and fans will follow your lead. If you are respectful of the competition and the officials, your athletes and fans are more likely to do the same. If you are disrespectful of the competition and the officials, it will be reflected in the words and actions of your athletes and fans. Officials aren't perfect and mistakes

will be made, but it is all part of the learning process for our young student-athletes. So please take those disappointments and turn them into positive learning experiences. What you permit, you promote,

BYLAW 8-3-1 of the OHSAA Handbook reads in part, "Protests arising from the decisions and interpretations of the rules by officials during the game will not be considered. Their decisions and interpretations are final." This means that correctable errors must be corrected during the game. Officials and coaches must "keep their cool" during the game so that both teams have an equal opportunity to win under the rules. It must be remembered at all times that the game is being conducted for the players. Neither officials nor coaches would be involved except for the players.

- 8) **COACH COMMENTS TO NEWS MEDIA** - Each year unpleasant situations arise as a result of comments made to the News Media by coaches. The OHSAA Bylaw 8-2-1 reads in part "Great care shall be exercised in the selection of officials, well in advance of the contest and agreed upon by schools involved." Public criticism of officials is a direct reflection upon those who were responsible for assigning the officials to the match. Officials are trained and expected to make no derogatory comments regarding players, coaches or schools. Coaches are expected to follow the same procedure. Coaches violating this rule may be asked to discuss the problem personally with the Commissioner.

9) **DIVISIONS FOR 2009-2010**

The following 2009 divisions as determined by the October, 2008 enrollment and based upon the participation of 797 teams in the 2006 OHSAA Girls Volleyball Tournaments. (**NOTE: Reclassification now takes place every two years, and 2008 represents year two**). A complete copy of all schools by division and district has been made available to the Ohio High School Volleyball Coaches Association for use in its publications. Please refer to the OHSAA web site at <http://www.ohsaa.org/members/hsenroll05.htm> for enrollment figures.

A reprint of divisional representation for all sports and this information are also available on our web site.

| | |
|--------------|-------------|
| Division I | 370 or more |
| Division II | 214 - 369 |
| Division III | 125 - 213 |
| Division IV | 124 or less |

10) **SPORTS REGULATIONS AFFECTING OUT-OF-SEASON PARTICIPATION**

Please read carefully the Sports Regulations enclosed and discuss any questions you might have with your principal and/or athletic administrator. The OHSAA receives many questions regarding their interpretation. The OHSAA is making every effort to insure that all coaches and student-athletes understand the Sports Regulations and Bylaws pertaining to: Instructional Programs; Coaches Mandatory No-Contact Periods; Open Gymnasium and Facilities; Non-Interscholastic Participation and the specific volleyball regulations. **See the "Frequently Asked Questions" Section included in this manual (and posted to both the OHSAA and OHSVCA web sites) for more information.**

11) **PROTECTING ATHLETIC ELIGIBILITY**

COACHES: If you have not received copies of the 2009-2010 OHSAA Athletic Eligibility Information Bulletin, entitled "*Your Athletic Eligibility*", which is written to explain the rules to coaches and student-athletes and their parents, please note that a sample has been enclosed with this mailing. See your school administrator for additional copies if these have not been distributed to your athletes.

It is now a requirement for schools to conduct pre-season orientation meetings for coaches, student-athletes and their parents and key members of your boosters' organization. These meetings afford the coach the opportunity to present information pertaining to school policy, athletic codes of conduct, OHSAA eligibility rules and details concerning the volleyball program. The eligibility bulletins could be presented at this time. Please remember that when parents sign their consent for their daughter's participation in interscholastic athletics on the OHSAA consent form, which is tied into the Preparticipation Physical Examination, they also are indicating that they have read and understood the publication entitled "*Your Athletic Eligibility*." In addition, the OHSAA has prepared a new DVD that should be shown to all volleyball players and their parents.

12) **CONDUCT FOULS**

NFHS Volleyball Rules mandate the use of a yellow/red card system in dealing with conduct fouls. The Ohio High School Athletic Association follows the NFHS Rules Book and will utilize this system. Please refer to your Rules Book in the Section entitled: Card System For Handling Unsporting Conduct Violations for further explanation regarding the procedures and mechanics of this system.

13) **STATE TOURNAMENTS**

The 2009 OHSAA Girls State Volleyball Tournaments will be held at Wright State University in the Ervin J. Nutter Center in Fairborn, Ohio on November 12-14.

14) **STATE ADOPTED VOLLEYBALLS –SECTIONAL, DISTRICT, REGIONAL AND STATE TOURNAMENTS**

The OHSAA has adopted the Molten IV58L Super Touch white premium volleyball as the "Official Ball of the OHSAA." This ball shall be used in all OHSAA volleyball tournament competition for the 2009 season.

15) **PROCESS FOR SELECTING VOLLEYBALL TOURNAMENT OFFICIALS – More information will be forthcoming during the early part of the school year.**

16) **VIDEOTAPE REGULATIONS**

It has come to our attention that there have been problems with unauthorized videotaping of volleyball contests. Please see OHSAA sports regulations in this manual and included on the web site, for a complete description of these rules.

17) **WARM- UP PROTOCOL**

The importance of a warm up is discussed in the current points of emphasis. It is important to note that it is considered unsporting conduct for members of a volleyball team to deliberately serve or hit balls into their opponents. Such behavior shall not be condoned by coaches and shall be penalized as unsporting conduct if witnessed by contest officials.

18) **INQUIRIES**

Our OHSAA office is here to help as needed, but depending on the time of the year it can be difficult to reach us. However, there are other sources of assistance. Our website (www.ohsaa.org) includes a great deal of information that covers many of the inquiries we often receive. The website provides volleyball regulations, general sport regulations, tournament regulations, uniform regulations, etc. Your OHSVCA Officers are another great resource for you as well. Their contact information is provided on page 5 of this manual and can be found on their website (www.ohsvca.org).

OHIO MATCH LIMITATIONS

MATCH LIMITATIONS FOR OHSAA GIRLS VOLLEYBALL

The following are the contest regulations that will be used in **Ohio high school and 7th and 8th grade** interscholastic volleyball competition.

1. All **varsity dual matches** shall be played utilizing NFHS rules. These rules stipulate that all matches shall be a **best three of five** format. Each set shall be played to **25 points with no cap** (must win by two points), and the **deciding set shall go to 15 points with no cap**.
2. All **sub varsity matches**, including junior varsity (J.V.), reserve, freshmen, and all 7th and 8th grade matches, shall be played in a **best two of three** format. Each set shall be played to **25 points with no cap** (must win by two points), and the **deciding set shall go to 25 points with no cap**.
3. All **varsity** regular season matches contested in **any format other than a dual**, head-to-head format; i.e., tri matches, quads, or other multi-match tournaments, shall be a **best two of three** format. (See #2 above)
4. Match limitations for each high school team and individual shall be **22 matches on 20 playing dates**. High school teams may play **no more than three matches per day**.
5. Individual limitations for players who play in **any sub varsity competition** on the same day and against the same opponent as the varsity consist of **5 games per day per common opponent**.
6. **Grades 7 and 8** teams are permitted 20 matches on 16 playing dates plus one post-season tournament not to exceed four matches. Please note that "**post-season**" means **after the 20 regular-season matches have been played**. In all tournaments, tri-matches and quadrangular matches, each match played against a different opponent counts as one towards the total permitted.
7. All **OHSAA post-season high school tournament contests** shall be a **best three of five** format the same as regular season varsity dual matches.
8. **Regional and State competition** will remain as a **one match per day** format. **At sectional and district tournament levels**, subject to the discretion of the respective District Athletic Boards, teams may play **no more than two matches per day**.
9. The **libero rule** (which is a permissive and does not require a high school to use this player), shall be used for high school competition only as specified in the NFHS rules book.
10. **Scrimmages – High School** - maximum of five scrimmages plus a preview for the entire season. If no preview is played, the maximum is five scrimmages. Note: A school may play in one volleyball service match which shall replace one scrimmage.
Grade 7-8 - two scrimmages or one scrimmage and one preview

11. **Penalty for Exceeding Contest Limitations** - If an ineligible player enters a match, the player will be removed from competition for the day and that set will be forfeited. If that is the deciding set of the match, the match is over. If a player is discovered to have played illegally after the conclusion of the match, the match is forfeited. The scorekeeper is instructed to mark in the scorebook the number of sets played by each player to assist the officials. Players become ineligible when they exceed any of the contest limitations: ex. – A sub varsity player entering her sixth set of the day versus the same opponent against which she participated in both varsity and sub varsity competition.
12. **Scorebooks and libero tracking sheet**
Score books will be on sale at the OHSVCA Volleyball Coaches Clinic for \$5.00 or through the mail for \$6.00. Schools may choose to use any other type of scoresheet/book provided it supports rally-scored matches.

A suggested **libero tracking sheet** will be posted to the OHSAA web site under Preseason Mailing materials.

NOTE: The home school is responsible for supplying an assistant scorekeeper (AS) to track libero replacements during each game of the match.

Exception: If the home school is not using a libero, then the visiting school must provide the tracker (AS) in order to use the libero.

FAQ'S (FREQUENTLY ASKED QUESTIONS) PERTAINING TO SPORTS REGULATION #4, NON-INTERSCHOLASTIC TEAMS, INSTRUCTIONAL PROGRAMS, OPEN GYMS, ETC

Note: This bulletin can also be found on www.ohsaa.org and www.ohsvca.org

1. Can you define what is meant by "coaching" in terms of Sports Regulation #4, Non-Interscholastic Programs as well as Instructional Program regulations?

"Coaching" refers to any organizational or instructional contact with student-athletes in the sport for which a coaching staff member in a member school is responsible. Specific activities include but are not limited to: practice or other instructional situations in which the coach conducts specific drills, teaches skills, supervises game or competition-like activities or in any other way supports the instructional environment; game or competition situations in which the coach sits on the team bench, is in the direct vicinity of the competition in areas reserved for coaches and/or delivers instruction to athletes while they are competing. It is not a violation to be a spectator at a competition and sit in those areas reserved for spectators; however, the coach must be certain not to engage in those behaviors that are specific to the coaching task.

2. What may an interscholastic volleyball coach do with athletes from his or her program during the school year outside the season of the sport?

The coach may supervise open gyms, conduct fitness programs and converse with students regarding non-interscholastic competition/training opportunities. The coach may not state nor imply in any way that attendance at these permissible activities is a prerequisite for trying out for or being selected for the school squad. The coach MAY NOT: provide any type of instruction, either group or individual, coach players or play on their teams in a non-interscholastic program (involvement in tryouts, practices and/or competition) during the school year. This applies to all athletes in one's program including one's own children. Note: May 31 denotes the end of the school year.

3. What may an interscholastic volleyball coach do with athletes from his or her program during the summer from June 1-July 31?

This period of time from June 1-July 31 is considered the "summer" period during which coaches may have contact with student-athletes who participated in their interscholastic programs during the past school year. Members of a school volleyball coaching staff, both paid and volunteer, may have a combined total of 10 days of coaching contact in either instructional programs or non-interscholastic competition programs.

4. What is considered a "contact" day?

Instructional Programs

Any camp, clinic, workshop or other instructional format in which one or more volleyball players from the coach's school are participating counts as one day of contact for that school coaching staff. Any instructional or organizational activity affiliated with the instructional program counts.

Non-Interscholastic Programs

Any match, tryout or practice in which more than three volleyball players from the coach's school are participating together on the same squad counts as one day of contact for that coaching staff.

5. May the varsity coach have 10 days of contact in addition to the JV, reserve and freshman coaches?

No. The 10-day provision refers to the combined efforts of all coaches for that school. It is not permissible for each coach to have 10 days with his/her athletes separately.

6. Do volunteer coaches need to adhere to this regulation?

Yes. ALL coaches in public as well as non-public schools, whether they receive a salary or are volunteers, must be approved by their respective Boards of Education (or other governing board in a non-public school) and must meet all required coaching standards as stipulated by the State Department of Education. The only way that a person can work with student-athletes in an OHSAA member school during the interscholastic season is to have this approval and meet all standards. Thus, "volunteer" coaches are also accountable to the 10-day restriction as well as all other OHSAA bylaws and regulations governing coaches.

7. Does watching a camp program or a non-interscholastic contest count as one of the 10 contact days?

No. There are no restrictions on being a spectator for these events; however, coaches are cautioned that they must avoid any instructional or organizational contact (or the appearance thereof - see Q #1) during these events. Activities such as shagging balls, assisting with drills, functioning as a "gofer" during camps or clinics are considered to be organizational in nature and thus would count in the 10 day total for coaching staff members.

8. As a high school coaching staff member, am I prohibited from working with athletes who attend a 7th-8th grade school in the school district where I am employed?

Not necessarily. The answer to this question depends on how the high school coaching staff's contracts are stipulated. If the high school staff has specific responsibilities for the middle school (7th-8th) volleyball program, i.e., either contractual or de facto responsibilities for oversight, training, direct contact with those players during school season, etc., then the high school staff would be accountable to the OHSAA regulations in terms of their work with all volleyball players in grades 7-12. If there were no responsibilities or affiliation with any 7th-8th grade school, then high school coaching staff members would have no restrictions placed on them relative to working with 7th-8th grade volleyball players either during the school year or during the summer period. Of course Sports Regulation 4.5, which regulates the number of volleyball players on a non-interscholastic squad during the school year (maximum of three), would be in effect.

9. What restrictions are placed on volleyball players regarding what they may do both during the school year as well as during the summer period?

The primary restriction is found in Sports Regulation 4.3. Very simply, while a student is playing for the school volleyball squad (from the time she plays in her first contest until she plays in the last match of the season), she may not tryout with, practice for or play in an actual contest with a non-interscholastic volleyball squad. The MAXIMUM penalty for violation of this bylaw is ineligibility for the remainder of the interscholastic season. Outside the volleyball season, that is prior to playing in the first contest during the school year and after the school season is over, a volleyball player may participate in a non-interscholastic program *provided that no more than three players from the same school are on the roster (squad) of that non-interscholastic program*. SENIORS OR STUDENTS WHO HAVE COMPLETED THEIR ELIGIBILITY ARE EXEMPT FROM THIS THREE-PLAYER LIMITATION. The school year is identified as beginning on August 1 and ending on May 31; however, some spring sports seasons may extend past May 31.

From June 1 - July 31 there is no restriction on the number of volleyball players from one school that may compete together in the same non-interscholastic program.

Regarding instruction programs, volleyball players may attend these (camps, clinics, training session, school workshops, other programs not affiliated with a non-interscholastic competitive program or league) ONLY from June 1 - July 31. The exception to this is for *individual instruction* only. A player may receive individual skill instruction from anyone other than her coach at any time during the school year outside the volleyball season. Individual skill instruction is defined as drill structures and activities that do not exceed one player vs. one player. From a practical basis, such instructional programs may not be especially helpful to volleyball athletes except at the developmental level; however, it is permissible to receive this instruction in an individual or group setting provided the individual protocol is observed.

10. What may I do in an open gym or in physical fitness programs?

Supervision of open gyms and the conducting of physical fitness programs are not considered as organizational or instructional contact. Thus, this type of activity is not governed by the rules that are specified as "Instructional Program" regulations or Bylaw 10 - Non-Interscholastic Teams. However, during an open gym, either at a member school facility or a non-member facility, coaching staff members may have NO organizational or instructional contact with participants. Likewise, attendance is not mandatory, no scoring or timekeeping is permitted, and the supervisor may not participate in designating who is to play on which teams. The rules governing Physical Fitness Programs do not permit the coaching or instruction of sports techniques and skills, and the equipment used to play the sport may not be utilized. These programs cannot be mandatory or restricted to a select group of students. Note: It is not a violation for the coach or other adult supervisor to participate as a player in an open gym as long as the adult does not coach the students.

11. Do seniors who have finished their volleyball eligibility count in the regulations governing both student athletes and coaches?

No. See Question/Answer #9 above.

MEDICAL & SAFETY

REFERENCE INFORMATION

The safety of our student-athletes is of utmost concern at all times. Information regarding the following important topics can be found at www.ohsaa.org and at www.nfhs.org:

- Heat Stress and Athletic Participation
- Recommendations for Hydration to Prevent Heat Illness
- Suggested Guidelines for Management of Head Trauma in Sports
- Communicable Disease Procedures (can also be found on page 60 of the NFHS 2009-2010 Rules Book)
- Disordered Eating
- Information on Nutritional Supplements
- Links to the following sites:
 - ❑ Joint Advisory Committee on Sports Medicine
 - ❑ Ohio Athletic Trainers Association
 - ❑ American Medical Society for Sports Medicine
 - ❑ Ohio Parents for Drug Free Youth
 - ❑ National Athletic Trainers Association (NATA)
 - ❑ Gatorade Sports Science Institute News

Statement on Medical Hardware

On the advice of the National Federation of State High School Association's (NFHS) Sports Medicine Advisory Committee (see www.nfhs.org), the following guidelines are provided.

Unless the specific rules code stipulates otherwise, athletes in sports of a collision/contact nature should not be permitted to wear devices such as insulin pumps, heart monitoring equipment and/or other diagnostic or therapeutic appliances while participating in interscholastic contests. In its deliberations on this issue, the Sports Medicine Advisory Committee of the NFHS could find no medical reason to authorize the wearing of these appliances during competition.

However, in the event that a physician requires a student-athlete to wear a therapeutic device during competition, such medical necessity shall be specified in writing and signed by the prescribing physician, and the device shall be padded and securely attached to the player's body underneath the uniform. The medical statement shall be shown to the head contest official prior to the athlete's being permitted to participate.

RATING VOLLEYBALL OFFICIALS FOR TOURNAMENT CONSIDERATION

Please watch our web site and be prepared to receive notification through your athletic administrator concerning the rating system that coaches will use to evaluate contest officials who are being considered for tournament assignments.

OFFICIALS

OFFICIATING ETHICS & CODE OF CONDUCT

(From www.ohsaa.org and the OHSAA Handbook for Officials)

Our member schools have entrusted officials to assist them in the education and development of their youth through athletics. This requires officials to be independent, impartial, and responsible to the people they serve. In recognition of these expectations there is an established **Code of Ethics** and **Code of Conduct** for all officials. The purpose of the code is to establish guidelines for ethical standards of conduct for all officials.

OFFICIATING CODE OF ETHICS

An Official must devote time, thought and study to the rules of the game and the mechanics necessary to carry out these rules so that one may render effective and credible service in a fair and unbiased manner

An Official must work with fellow officials and the state association in a spirit of harmony and cooperation in spite of differences of opinion that may arise during debate of points or rules at issue

An Official must resist every temptation and outside pressure to use one's position as an official to benefit oneself. Under all circumstances, officials must avoid promoting the special interest of any person or group of persons other than the athletes we serve

An Official must constantly uphold the honor and dignity of the avocation in all personal conduct and relations with the student-athletes, coaches, athletic directors, school administrators, colleagues, and the public, to be a worthy example to the athletes under one's jurisdiction

An Official will be prepared both physically and mentally, dress accordingly to expectations and maintain a proper appearance that is befitting the importance of the game

An Official shall avoid the use of **tobacco** and **related products** at the contest site

An Official must remember and recognize that it is important to honor contracts regardless of possible inconvenience or financial loss

Every member of the officiating profession carries a responsibility to act in a manner becoming a professional person. The conduct of any official influences the attitude of the public toward the profession in general as well as toward the official in particular.

Sports officials bear great responsibility for engendering public confidence in sports. They are critical to the health of athletic competitions. Officials ensure games are played fairly, by the rules, within the spirit of the rules and in a safe manner. Officiating takes a great deal of preparation, continuing education and commitment of time.

PRE-SEASON PREPARATIONS

We have encouraged coaches to invite local officials to meet with their team during pre-season workouts. It allows the officials to meet the athletes and discuss new rules. It gives athletes an opportunity to ask questions and have a discussion prior to competition days. We also recommended inviting an official(s) to a pre-season meeting with team parents. Again, it provides a forum for healthy discussions and an opportunity for parents to learn more about the sport. Many of you already participate in such activities, but for those that do not, please get involved!

ADDRESS CHANGES

NOTE: Annual renewal cards are sent to the address the OHSAA has on file, failure to notify the OHSAA will result in your not receiving the renewal card.

Address changes are now to be submitted via www.myOHSAA.org . Please log-on in order to make the appropriate changes.

UNIFORM REQUIREMENTS

The officiating uniform for volleyball officials is a white long or short sleeved knit shirt with an embroidered OHSAA logo (only OHSAA authorized shirts), black skirt or shorts with a minimum 4" inseam, or black culottes or black slacks, black belt (if used) and black or white shoes. When a skirt, culottes or shorts are worn, white socks shall be worn. No watch or jewelry except a timing device, wedding band, medical I.D. or religious medal may be worn. Emblems and patches are not permitted on the officiating uniform. **PLEASE GO TO THE OHSAA WEB SITE AT www.ohsaa.org FOR AN UP TO DATE LISTING OF OFFICIALS SUPPLY COMPANIES.**

NOTE: The Ohio requirement will continue to be white shoes and white socks for all OHSAA tournaments.

WEBSITE RESOURCES

Our website includes a great deal of information specifically geared for officials. Go to www.ohsaa.org and click on "officiating" on the left side of the home page. On the officiating page you will find the following information. When you have questions, this may be a great place to start!

Topics include:

- [OHSAA Officiating FAQ's](#)
- [OHSAA Rules Meetings](#) - information on local & state meetings, how to maintain your officiating permit
- [Directory of Officiating Information & Forms](#) - assigners, instructors, local & district secretaries, OHSAA staff
- [How To Become an OHSAA Official](#) - info for beginning and experienced officials, suspended and retired officials wanting to reinstate
- [How To Change The Status Of Your Officiating Permit](#) - information on upgrades, retired status, active military duty and address changes
- [How To Renew Your OHSAA Officiating Permit](#) - information on annual renewal procedures and fees
- [Game Assignments](#) - regular season and tournament selection processes and voting results
- [Officials Needed Posting](#)
- [Coach and Player Game Ejections](#) - ejection forms and procedures
- [Officiating Uniforms, Equipment and Supplies](#) - uniform regulations, authorized dealers, pins & patches
- [Officiating Ethics and Code of Conduct](#)
- [OHSAA Officiating Hall of Fame](#) - members, selection process and banquet information
- [OHSAA Officiating Clinics](#)

RULES INFORMATION

The rules as printed in the NFHS Edition 2009-2010 Volleyball Rules Book will apply in all competition involving OHSAA member schools. Exceptions are those noted below or by interpretation in future bulletins.

NFHS 2009-10 VOLLEYBALL RULES CHANGES

- 2-1-1 Clarifies the court and the adjacent playable area must be flat, smooth and free of obstructions other than required equipment and padding.
Rationale: Clarified court/floor requirements for playable area.
- 3-2-1 Beginning in 2010-11, the game ball may be either solid white or a maximum combination of three colors (with each panel being a solid color) and of which at least one-third of the panels shall be solid white.
Rationale: Allows for the optional use of the colored-panel ball beginning with the 2010-11 season. The colored-panel ball makes it easier to track for players/spectators and adds excitement to the game.
- 4-1-5 Unadorned bobby pins, no longer than 2 inches, may be worn to control a player's hair.
Rationale: Allows players a practical means of dealing with hair control.
- 5-3-4d Prior to the deciding set, captains will be called for the coin toss by the R1 and then teams shall be released to their team bench.
Rationale: Releasing teams to their bench rather than the end line during the deciding-set coin toss will allow coaches to provide instruction and facilitate players being ready to take the court for the final set.
- 5-4-3b New 10
The second referee has the responsibility to manage illegal libero replacements.
Rationale: Adds to the responsibilities of the second referee.
- 9-4-5 A legal contact is a touch of the ball by any part of the player's body.
Rationale: In today's fast-paced game, allowing legal contact of the ball by any part of the player's body will assist in keeping the ball in play and provide longer and more exciting rallies.
- 10-2-3 If more than one substitution is to occur, the substitutions shall be made in succession. One pair of players after another and only one substitute shall be in the substitution zone at a time.
Rationale: The procedure of recording multiple substitutions becomes easier for the scorer to record. This will speed up the substitution process and assist in maintaining the tempo of play.
- 12-2-5 Clarifies when an assistant coach may stand and actions the coach may perform.
Rationale: Clarified the role and bench decorum of the assistant coach now that the head coach has the privilege to stand during the match.
- 12-2-6, 9-1-1
During play, allows the head coach to stand in the replacement zone, no closer to the sideline than 6 feet, to coach his/her players.
Rationale: Due to the growing spectator popularity, resulting in louder crowd noise, this change will allow the head coach to communicate more effectively with his/her players. The permitted location for standing preserves the necessary area for clear line of sight by the second referee and line judges to observe play and playable area around the court for the players.

Major Editorial Changes

1-2-1, 3, 4-1 Heading, 10-3-5, 11-4-2, How to Use The Signals: 4, 19, 20, 21; Casebook: 4-1, 10-3-5, Signals: New b, 6 NOTE, 13, 20, 21, 23

Points of Emphasis

1. Head Coach Standing
2. Match Officials' Responsibilities
3. Ball Handling
4. Libero Uniform

TOURNAMENT REGULATIONS

Tournament Regulations are available at www.ohsaa.org (after approval at the June Board of Directors meeting). On the web site, under "Sports & Tournaments" select volleyball. The tournament regulations are listed under "Tournament Information" on the left side.

OHSAA GENERAL SPORTS REGULATIONS

General Sports Regulations are available at www.ohsaa.org. Under "Sports & Tournaments" select volleyball. The General Sports Regulations are listed under 2009 Volleyball Info on left side.

OHSAA LOCAL ASSOCIATION MEETINGS

OHSAA Local Association Meetings are available at www.ohsaa.org. Under "Officiating" select Local/State Rules Meetings. Select Local Rules Meetings on the left side, sport: volleyball.

SPORTING CONDUCT



The OHSAA challenges everyone to take positive steps toward positive sporting behavior. It is the responsibility of each of us to serve as a positive role model and set high expectations for others.

ADMINISTRATORS

Athletic departments are comprehensive, pre-eminent teaching departments with a subject matter all their own: self-confidence, leadership, teamwork, discipline, perseverance, respect for others, strategic thinking, dedication, the importance of rules, and sportsmanship. These are true-life lessons, and participation in athletics provides another forum for learning.

Coaches and Officials are responsible for promoting sportsmanship and positive behavior on the field. Administrators, we need your continued assistance in promoting sportsmanship and controlling fan behavior in the stands! Let the parents and fans know what you expect!

COACHES

Your athletes will demonstrate the attitudes and behaviors they have learned from you, either through direct instruction or through observation of your actions. ***Never underestimate the influence you have on your players!*** You must:

- Abide by and teach the rules of the game in letter and in spirit.
- Set a good example for players and spectators to follow.
- Respect the integrity and judgment of game officials. Treating them with respect, even if you disagree with their judgment, will serve to create a positive impression of you and your team.
- Display modesty in victory and graciousness in defeat.
- Develop a program that rewards participants and spectators for displaying proper sportsmanship and enforces penalties on those who do not abide by sportsmanship standards.

It is difficult to develop a great setter, a great hitter or a great defensive player. However, your greatest challenge is to develop mature young adults who will become great citizens and role models in your community.

OFFICIALS

Your job is not an easy one, but officials must be aware that they are an important component in the educational development of students. To carry out this responsibility, you must:

- Know the rules and mechanics of our sport and the philosophy behind them.
- Get fit and stay fit. An official with all of the rules and mechanics knowledge and people skills in the world does no good if he or she cannot physically keep up with play.
- Maintain professional and ethical relationships with athletic administrators, especially in the area of fulfilling game contracts.
- Work cooperatively with fellow officials during games and within the officials' association to improve members' performances.
- Maintain at all times and when interacting with all participants, an attitude of civility and professionalism.
- Practice effective preventive officiating as much as possible before, during, and after a match. The quiet word, proper signals, timely verbal instructions, a simple thank-you to a player for avoiding an unsporting act, and well-thought-out pre-game conferences with the teams and other game officials will result in an improvement of sporting conduct by eliminating the chance for things to go wrong.

STUDENT-ATHLETES

You serve as a role model for your younger siblings, young fans in the stands, your teammates, and your classmates. Set high expectations for everyone and help them follow-through! You must:

- Accept and understand the seriousness of your responsibility, and the privilege of representing your school and the community.
- Live up to the standards of sportsmanship established by the school administration and the coaching staff.
- Learn the rules of the game thoroughly and discuss them with others. This will assist everyone in the achievement of a better understanding and appreciation of the game.
- Treat opponents as you would like to be treated with respect.
- Respect the integrity and judgment of game officials. Treating them with respect, even if you disagree with their judgment, will serve to create a positive impression of you and your team.

CONCLUSION

Good sportsmanship is everyone's responsibility. It is the essence of interscholastic athletics. Remember...some may question an official's call or a coach's substitution, but no one can question the value of good sportsmanship.

Note from Roxanne Price:

Chair of the OHSAA Sportsmanship Ethics, and Integrity Committee:

As we prepare for the upcoming seasons, the Ohio High School Athletic Association (OHSAA) wishes to emphasize to each of you the importance of your leadership role in the promotion of sportsmanship, ethics and integrity. The professional manner in which officials and coaches conduct themselves prior to, during and following a contest unquestionably impacts the behavior of others who may be involved.

The OHSAA has joined the National Federation of State High School Associations (NFHS) in its quest to improve sportsmanship, ethics and integrity. We are involved in an ongoing campaign in every sport to do just that. Printed below is the mission statement of the NFHS concerning sportsmanship, ethics, and integrity. Please take the time to read and digest this statement and then carefully consider your impact upon students, officials, coaches, and fans. Thank you and have a great season!

Speak with Courtesy
Act with Dignity
Play or Observe with Pride

NFHS SPORTSMANSHIP MISSION STATEMENT

Good sportsmanship is viewed by the National Federation of State High School Associations as a commitment to fair play, ethical behavior and integrity. In perception and practice, sportsmanship is defined as those qualities which are characterized by generosity and genuine concern for others. The ideals of sportsmanship apply equally to all activity disciplines. Individuals, regardless of their role in activities, are expected to be aware of their influence on the behavior of others and model good sportsmanship.

ONLINE RESOURCES

On our website (www.ohsaa.org – click on “Respect the Game” on the right side of the screen) you will find **Fair Play Codes** for athletes, coaches, and fans, as well as additional information regarding **parents’ role in interscholastic athletics**. The Respect the Game site also includes information about the Harold A. Meyer Sportsmanship Award and the Archie Griffin Sportsmanship Award. Please feel free to contact us with any additional questions. A direct link can be found by clicking on <http://www.ohsaa.org/RTG/Resources/resources.htm>