

Date _____

School _____

Coach _____

Event _____



OFFICIAL MIDDLE SCHOOL WEIGH-IN FORM
This verification of weights must be exchanged prior to competition

Weight class	Wrestler Name	Actual Weight
80	_____	_____
86	_____	_____
92	_____	_____
98	_____	_____
104	_____	_____
110	_____	_____
116	_____	_____
122	_____	_____
128	_____	_____
134	_____	_____
142	_____	_____
150	_____	_____
160	_____	_____
172	_____	_____
205	_____	_____
245	_____	_____

Authorized Signature: Principal, Assistant. Principal, AD _____

Note: Minimum weight for the 245 wt. class is 205 lbs. All weight classes subject to growth allowance, including the 245. The minimum weight for HWT will become 207 pounds after Dec. 25th.