Off-Season Permissions and Rules
The end of the No-Contact Period brings about many permissions for basketball coaches. PLEASE take some time to review the permissions coaches have during this fall period.

Open Gyms:
Players choose teams and play. Coaches may also play, but no coaching, no drill work, no 'putting in the offense'. Additionally, you can not take attendance, or disqualify any participants from attending open gym sessions.

Individual Instruction:
One of the biggest changes in recent years that permit you to do what basketball coaches ASKED for – to provide individual instruction to players on shooting, dribbling and other INDIVIDUAL skills; NOT team play and putting in offenses or running team drills.

Weight Lifting & Conditioning:
Not to be confused with any of the above. Weight lifting takes place in a weight room. Conditioning programs by OHSAA regulation definition are not permitted to use any equipment of the sport (basketballs). Run ‘em, and condition ‘em, not use a 3-man weave with a basketball and indicate you are just ‘conditioning them’.

The Mandatory Rules Meeting
The mandatory rules meeting will be available on Wednesday, October 17 at 9:00 a.m. You must have a ‘myOHSAA’ account in order to access it. PLEASE make sure you speak with your Athletic Director to insure he/she has entered your name into your school’s staff management which is the first step in setting up your myOHSAA account.

Transfers
There has been increased conversation recently how the growing number of transfers has affected the state of basketball AND has also led to more recruiting. An important thing to keep in mind is that schools want students to remain at the school they start at. As a result, and the fact we are driven by our member schools, our regulations are geared toward that same goal. Last spring, a new bylaw was passed that states: If a transfer student does not meet 1 of the 11 exceptions, the student athlete will become ineligible after the 11th game of the season for the remainder of that season AND any OHSAA tournament contests.

Playing Out of State?
Knowing that schedules are set, just a few reminders; when playing out of state, all OHSAA administrative rules must be followed. This includes:

1. The number of quarters per day – regardless of what the rule is in another state. If they are permitted 6 quarters (or more), that does not give permission for Ohio schools to do the same.
2. If an ejection takes place out of state, the same administrative consequences for Ohio schools must be followed. We typically will receive a report from the other state when an ejection occurs for an Ohio school.
3. NFHS prohibits an Ohio school from participating in an event in a state that uses a ‘shot clock’.
4. When traveling to a NON-bordering state, student-athletes are NOT permitted to miss any school time instruction.

Coaching Staff Certifications
While it is the job of your athletic director to make sure all proper paperwork, and coaching certifications are collected and up-to-date, please assist in making sure that your entire staff is completely covered. If you have any volunteers or ‘part-time’ coaches who come in and help with the team, they still need to be recorded with the correct paperwork and certifications. Certifications needed: Pupil Activity Permit, NFHS Fundamentals of Coaching, CPR Training, First Aid for Coaches, Concussion Training, Sudden Cardiac Arrest Training (Lindsay’s Law).

OHSAA’s General Sports’ Regulation 8.24 (e)
“Students from school teams may be used for out-of-season demonstration purposes if approved in advance by the Executive Director’s Office”. Meaning, if you would like to hold a coaching clinic for youth coaches where you would like to show drills, you may (for demonstrative purposes), use your high school players. As a parent of young kids, I not only will approve this, but I encourage it. Your youth coaches are volunteering their time; please give them as many tools as possible to teach meaningful and proper techniques.