# 6 Health and Safety — Tyler L. Scott, DDS Wayne County Wrestling Officials Association Northeast District
Health & Safety

• The official will inspect the wrestling area;
  – 5’ of protection mat area outside the circle
• Team bench will be
  – 10’ from the mat area
  – 10’ from scorer’s table
• In a tournament (multiple teams)
  – Two chairs may be in the corner 5’ from the boundary
Health & Safety

• Weigh-ins are conducted by the officials.
• OHSAA recommends a physician be present
• Weigh-ins may begin:
  – 1 hour prior to wrestling for a dual and
  – 2 hours before for a tournament.
• Officials check hair, nails, shave, taping, braces and skin to conform to NFHS & OHSAA rules.
Health & Safety

- Skin Check Inspection:
  - Ringworm, Impetigo, Herpes & Staph
  - Skin Condition suspected
    - Coach must provide physician’s note
    - Original NFHS approved skin form
    - Properly completed
    - Signed by physician
    - Recent as 10 days
- On site designated physician has final say.
Match Safety

• The #1 priority is Safety!
  – Potentially dangerous and
  – Illegal holds will be stopped immediately
• Concussion protocol
  – NFHS, OHSAA & Ohio law (HB 143)
    • Referee must stop match when signs, symptoms consistent with concussion are witnessed
    • Referee must report suspected concussion stoppage
    • Coach is responsible for wrestler to be checked