

THIS WEEK IN BASEBALL



The Ohio High School Athletic Association

Advice for "Fall Ball" Coaches & Players

The OHSAA provides and communicates regulations with its member schools and coaches. However, the 'explosion' of non-school programs such as "Fall Ball" as well as other youth groups outside the school season often affect school team players and their coaches. Since the OHSAA serves its member schools and it becomes nearly impossible to field all calls and emails from non-school coaches. This document serves to answer many of the questions non-school coaches have.

*Jerry Snodgrass
Assistant Commissioner*

The Basic Premise of the OHSAA Non-Interscholastic Rule(s)

Sports Regulation 7 of the OHSAA's General Sports Regulation is the basis for players and coaches and the 'do's and don'ts' of non-school teams. You can reference this at: <http://www.ohsaa.org/sports/rglts/GenSportsReg13-14.pdf> In a nutshell, it basically indicates the following:

- During the season, team members may not tryout, practice OR compete with summer/fall ball/non-school teams.
- Outside the season, there is a limit of 4 players that played for the same school teams during the previous season on the same non-school team. There was an exception to this between May 24th and July 31st of 2013. Since "fall ball" occurs after this July 31st date, players playing in "fall ball" leagues ARE limited this '4 player limit'.
- Though a new regulation went into place that permits school coaches the ability to provide INDIVIDUAL instruction beginning September 3, 2013, this does NOT give any exception to coaching players from their school on fall baseball teams. All school coaches should carefully read the advice/explanations and Q and A's provided to them.

Did You Know?

Due to Gov. Kasich signing House Bill 143 into law, are you aware that YOU as a non-school coach (ANY coach school or non-school) must now receive education on Concussions? You can access a FREE, and approved course to meet this requirement from the NFHS (National Federation of State High School Associations) at www.nfhslearn.com. Since it is required and free, for the sake of our youth...I recommend you take it now. The law says you must anyhow.

REQUIRED Form for Non-School/Youth Sport Participants

Part of House Bill 143 requires that all participants read and acknowledge an Concussion Information Sheet. I encourage you to get 'ahead of the game' and obtain the form, print copies for your AAU/non-school team and collect them. It is the law. You can access/print that form at: <http://www.healthyohioprogram.org/~media/HealthyOhio/ASSETS/Files/injury%20prevention/concussion/Youth%20Sports%20Organization%20Concussion%20Form%20-%20200DH%20Revised%203.ashx>

If School Coaches Can now Provide Individual Instruction in the Fall.....

Then why can't they coach players from their school in 'fall ball'? It is simple – the regulation put into place this year limits the individual instruction to a total of 4 individuals (non-coaches) present in all the combined facilities where the instruction is taking place to FOUR individuals.

As a "Fall Ball" Coach, What Can I Do (and NOT do)???

If you are a 7-8th grade SCHOOL coach also: You are not permitted to coach players that played for your school's 7-8 teams in "Fall Ball". Any individual instruction you provide would be subject to the provisions of the new Out-of-Season Instruction Regulation.

If you are a 9-12th grade SCHOOL coach also: You are not permitted to coach players that played for your school's 9-12 teams in "Fall Ball". Any individual instruction you provide would be subject to all provisions of the new Out-of-Season Instruction Regulation.

If you are NOT A SCHOOL coach in addition to your Summer coaching: The OHSAA has no restrictions for non-school coaches.

Q: If I am a school coach of another sport other than baseball, can I coach players from my school's baseball team in "Fall Ball"?

A: Yes, the prohibition on coaching out of season is 'sport specific'. Baseball coaches cannot coach players from their team in BASEBALL outside the season (except during June and July), Basketball coaches cannot coach BASKETBALL players, etc.

What if I am simply a "Volunteer" for the School Team?

By Administrative Code in Ohio, VOLUNTEER coaches are considered one in the same as a PAID coach, even though you receive no pay and therefore would be under all the same regulations governing paid coaches.

What Can PLAYERS Do (and NOT do)???

1. During the School Baseball Season, Players CANNOT participate in any tryout, practice, workout or competition for a non-school (summer, ACME, Legion, etc.) team/program at any time.
2. After the season is complete, players from a school team may practice, tryout and compete with non-school teams.
3. There is a limit of FOUR (4) players that played for the same 7-8 teams or the same 9-12 teams the previous season on the same non-school team.

Q: Is there a restriction on 'who plays with who'...in other words, can a 8th grader play with 9th or 10th graders?

A: No, there are no restrictions outside the school season.

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Who Can and Who CANNOT play on the Same Fall Ball Team?

Anyone that played for a SCHOOL SPONSORED baseball team during the 2013 school baseball season is bound by regulations approved by the OHSAA.

What Coaches are Bound by OHSAA Regulations?

Anyone that was paid OR volunteered as a baseball coach for a school baseball team during the 2013 school baseball season is bound by regulations approved by the OHSAA. There is no distinction between paid coaches or volunteer coaches – they are all under the same regulations.

The Next Cy Young Award winner is a 9th Grader and we did not have an 8th Grade (Junior High) School Baseball Team – Does he Count in the Player Limitations of 4 per team?

Answer: No. As mentioned, if your school did not have a school sponsored team at the 7-8th grade level, he would not be considered a ‘player’ for your school. We might all THINK he is the next Cy Young Award winner but the truth is...he could just as easily decide not to play high school baseball. We cannot regulate him on what we THINK he will do and is therefore under no restrictions relative to team members on the same ‘fall ball’ team.

What Ages Can Play Together on ‘Fall Ball’ Teams?

Answer: Any ‘fall ball’ team is the same as a summer team – they are NOT school teams. So, the OHSAA rules that address ‘who can play with whom’ are not applicable. Simply put, if the league or teams wish to permit 8th graders to play with 9-12th graders or 6th graders with 7-8th graders, that is entire up to the organizers of the league/games.

Is There a Regulation that prohibits a Football Player at the School From Participating in Fall Baseball?

Answer: No. The OHSAA does not regulation/restrict members of a school team (football in this example) from participating in sports of a different season (baseball in this example) while a member of the school team. The only restriction would prohibit a football player (in this example) from playing any form of NON-School FOOTBALL (flag, youth, etc.) while a member of the school football team. The school or coach may have restrictions (and have the authority to do so) but you should check with your school or coach.

Could a School Coach Coach a Team Comprised of Players from a DIFFERENT School?

Answer: Most certainly, YES. There is no regulation that prohibits a school coach from coaching individuals from another school at any time.

More Questions?

Many other questions, especially as they relate to ‘Fall Ball’ and other non-school teams can be answered by downloading the “Off-Season FAQ’s” posted on this same website.

Have Another Question Not Answered Here?

This is designed to HELP the non-school coach. Though the number of phone calls and emails make it impossible to return them, submit your questions via email to jnodgrass@ohsaa.org and I will answer them by adding them to this document and update it on a regular basis.

Great Resources for All Non-School & ‘Fall Ball’ Coaches

Approved Concussion Course: <http://www.nfhslearn.com/electiveDetail.aspx?courseID=38000>

Other Concussion Resources: <http://www.ohsaa.org/medicine/sportssafety.htm>

Ohio Department of Health REQUIRED Form for Youth Sport Participants:

[http://www.healthyohioprogram.org/~media/HealthyOhio/ASSETS/Files/injury% 20prevention/concussion/Youth% 20Sports % 20Organization% 20Concussion% 20Form% 20-% 20ODH% 20Revised% 203.ashx](http://www.healthyohioprogram.org/~media/HealthyOhio/ASSETS/Files/injury%20prevention/concussion/Youth%20Sports%20Organization%20Concussion%20Form%20-%20ODH%20Revised%203.ashx)

OHSAA Sports Regulations Affecting Non-School Coaches/Players: <http://www.ohsaa.org/sports/rglts/GenSportsReg13-14.pdf>

NCAA Eligibility Center: http://web1.ncaa.org/ECWR2/NCAA_EMS/NCAA.jsp

The OHSAA’s “This Week in Baseball”: <http://www.ohsaa.org/sports/bb/boys/2013/TWIB2013.htm>

OHSAA Off-Season Baseball FAQ’s: <http://www.ohsaa.org/sports/bb/boys/2013/2013TWIBFAQ.pdf>