

Online Rules Meetings
Available until August 30!
Available through the link on
the Volleyball Page here:

<http://www.ohsaa.org/sports/vb/girls/default.asp>

GET YOUR PUPIL ACTIVITY PERMIT UPDATED!

Schools that permit coaches to coach (Paid or volunteer) without a valid Pupil Activity Permit issued by the ODE will be fined \$250.00 per coach. Log onto the "Sports Medicine" Page at www.ohsaa.org for more information on how to obtain your Permit.

SCRIMMAGE NOTE

Each team in your high school program is permitted to schedule 5 scrimmages PLUS 1 Preview. You may use these scrimmages **at any time during the season** and many teams do hold at least one to use during the tournament season.

VB MANUAL FOR COACHES AND OFFICIALS

Please remember that this publication was not printed and sent to you in your preseason mailing. We encourage you to download and/or make a copy for your reference. We consider this Manual for Coaches and Officials a **resource** to use throughout the year. Everything from off-season regulations to Rule Changes are addressed to better communicate with you. Have a question? Most likely it is addressed in the Manual. receive one? Access is at this link:

<http://www.ohsaa.org/sports/vb/girls/vbmanual.pdf>

WHO TO CONTACT?

Questions about VB rules? Coaches should contact Deborah Moore or Diane Plas. Officials should contact their local association interpreter. Questions about OHSAA rules? Coaches should contact Debbie. Eligibility questions? – Please see your principal or AD.

THIS WEEK IN VOLLEYBALL



The Ohio High School Athletic Association

Volume 4

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End of Week Two!

Most schools have begun to participate in scrimmages and are awaiting the opening for regular season contests on August 17. We wish you the best as you compete this year and hope the experience will be educational for the students who are participating in your 7-8th grade and high school programs. Please remember to check with your athletic administrator and/or principal to insure that you have **received eligibility clearance** for each student who is on your school team. In addition, your athletic administrator will verify that all students have been cleared by a medical examiner as required yearly and certified on a pre-participation evaluation.

Uniform Questions

The focus of the last part of this year's rules interpretation meeting for coaches was a review of the uniform regulations which will become effective in 2016. We continue to receive requests for guidance on this issue as schools do not want to make expensive mistakes. Also, many schools will wish to keep uniforms purchased in 2013 in service for at least three years. We welcome your questions and ask that you provide us with a picture of the uniform under consideration along with your questions. The complete rules reference can be found in your rules book in Rule 4-2-2 Note on page 17, and a presentation on this rules change can be viewed at this link:

<http://www.nfhs.org/WorkArea/DownloadAsset.aspx?id=9070>

Concussion Legislation Reminders

This past April, Gov. Kasich signed HB 143 into law. This law mirrors regulations that the OHSAA has had for the last several years with just a few exceptions. During the 2012 season, officials removed 17 volleyball players from competition for exhibiting signs, symptoms or behaviors consistent with concussion. Although our sport is considered rather "low risk" for these injuries, coaches and officials must be constantly vigilant in protecting students from further injury.

Coaches, please encourage your students and their parents to view one of the free online concussion courses sponsored by NFHS or the CDC, and even though you are required to complete a concussion course when you renew your Pupil Activity Permit, why wait? Take it now. Officials, please be certain that you are aware of your responsibility to file the Concussion Report Form in the event that a player is removed from a contest under your supervision.

Trouble Viewing your Online Rules Interpretation Meeting?

Occasionally we will receive notice from a coach or official of difficulty with the online meeting. If that happens to you, please access this technical assistance at this link: <http://www.ohsaa.org/officials/OnlineMeetingTroubleShooting.pdf>

Terrible Towels?

The **deleted** rules reference to a towel tucked into a uniform waistband has caused some consternation. The rule now reads, "Any equipment that in the judgment of the first referee increases a player's advantage or presents a safety concern is prohibited." Here are some of the Q's and A's about this rules change.

1. If the towel hits the net, is this a net fault? - **YES.**
2. Do towels need to be a certain color based on the color of the uniform? **NO restriction on color. They are Not part of the player's uniform.**
3. Is there a size requirement? **NO for the same reason listed above .**
4. Is there a limit to the number of players who can wear them? **NO. With nothing specific from the NFHS, there is no reason to rule otherwise.**
5. Is there a certain place they have to tucked? **NO. They can be on the front as shown in the slide. They can also be at the side or in the in the back. The key issue is they should be secured so they do not fall onto the floor.**
6. Can one player wear two towels? **NO.**

Free Courses Available at [nfhslearn.com](http://www.nfhslearn.com)

There are many courses available at the NFHS education website that are either complimentary or low cost and are very valuable for coaches, parents, students and officials. Of course the concussion course is a complimentary course which is required of all coaches and officials in Ohio. Here are some other offerings that you might find useful. Be sure to go to www.nfhslearn.com to take a look.

- Concussion in Sports—What You Need to Know
- A Guide to Heat Acclimatization & Heat Illness Prevention
- Sportsmanship
- Creating a Safe & Respectful Environment
- The Role of the Parent in Sports
- NCAA Eligibility Center Coaching Education