## BOYS LACROSSE 2016-2017

- 10. LACROSSE BOYS
  - A. ALL GENERAL SPORTS REGULATIONS ARE IN PLACE FOR BOYS LACROSSE UNLESS NOTED WITHIN THE REGULATIONS BELOW.
  - B. GENERAL REGULATIONS
    - 1) Interscholastic Participation
      - 1.1) A student athlete in grades 9-12 may play in a maximum of 92 quarters for the season plus the OHSAA-sponsored tournament. (Penalty See Sports Regulation 20.)
      - 1.2) A student-athlete in grades 7-8 may play in a maximum of 64 quarters plus one postseason tournament not to exceed four games by one team. (Penalty — See Sports Regulation 20.)
      - 1.3) A student shall not be permitted to participate in more than six quarters during any one day. Any part of a quarter is to be considered as a full quarter. In an overtime game, the extended time shall be considered an extension of the fourth quarter.

**Exception:** if a team participates in a festival tournament format (example: play-day)with either abbreviated or full contest timing, a student-athlete may participate in a maximum of 12 quarters during such tournament.

1.4) Penalty for participation in more than six (6) quarters per day:

—When discovered <u>during</u> a contest, the player shall be disqualified from the game when discovered, the team shall play short for the remainder of the game. All quarters played shall count toward the maximum permitted.

—When discovered <u>after</u> a contest is completed, there is no team or individual penalty but all quarters played by the individual shall count toward the maximum permitted for the player.

- 1.5) A team/individual that exceeds the regular season participation limitation (maximum number of contests permitted) or participates in regular season contest(s) prior to the designated start date for contests shall be removed from the OHSAA tournament.
- 1.6) Any scheduled regular season game in boys lacrosse which is not started due to unforeseen circumstances, such as failure of team to arrive, strikes, school closing, is "No Contest." Games not played are not included in won-lost statistics and do not count toward the total number of games permitted to schedule.
- 1.7) All games shall consist of 4 quarters of the following length:

Varsity: 12 minutes

Junior Varsity and Freshmen: 10 minutes

Junior High: 8 minutes

EXCEPTION: 8th or "A" teams may elect to play 10 minute stop-time quarters, provided a) both teams agree; b) the game is scheduled and the assignor informed of the game length in advance; and c) the home team pays the appropriate game fee in the region (same as a Freshmen or JV game).

1.8) Interrupted Games

1.81) Any OHSAA tournament game interrupted due to events beyond the control of the responsible administrative authority shall be continued from the point of interruption.

1.82) A game called for any reason, where a winner cannot be determined or any game called at any time for mechanical failure (artificial lights, water systems, etc.) will be treated as a suspended game. If the game is to be completed, it will be continued from the point of suspension subject to the rules of the game. Such game will be completed unless both coaches agree not to complete the game.

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1.83) If a game is interrupted in the fourth quarter with 80% or more of the game completed (or nine minutes or less remaining to play in a Varsity contest); and due to events beyond the control of responsible administrative authority (e.g. lightning); the team in the lead shall be declared the winner with the score as it stands when the game was suspended.

1.84) Varsity games cannot end in a tie. Games are won, lost or suspended.

1.85) All suspended games count toward the teams' maximum allowed. All quarters or parts of quarters played in a suspended game count toward the players' maximum allowed.

- 1.9) OVERTIME PROCEDURES Only high school Varsity games will play overtime. All other levels of competition can end in a tie and no overtime will be played. EXCEPTION – Non-varsity tournament games, where a winner must be determined in order to advance in the correct bracket, may utilize overtime provided the participants and game officials are notified in advance of the start of the tournament.
- 1.10) All teams must respect a three-day acclimatization period during the first three days of practice. All athletes joining the team for the first time at any point during the season after the first day permitted for coaching also must participate in a three-day acclimatization period prior to any contact drills. There must be an adequate recovery period between practice sessions.
  - 1.10.1) During practices within the acclimation period, players may wear helmets, gloves, and all protective padding. Sticks and balls are also permitted. Prior to the fourth day of practice no contact is permitted. During the first three days of practice, athletes may engage in conditioning, speed, strength and agility drills and may use "dummies" for drills and walk-throughs.

#### 2) Non-Interscholastic Participation

2.1) A member of an interscholastic boys lacrosse squad (any student who has played in a scrimmage, preview or regular season/tournament game as a substitute or starter) sponsored by the Board of Education shall not participate in a non-interscholastic program (tryouts, practice or contest) as an individual or a member of a team in the sport of boys lacrosse during the school's season (Sports Regulation 7.2.1).

EXCEPTION: The Commissioner's office may grant a waiver to this regulation in the event that the athlete has been selected to compete as a member of a junior or senior national team in the sport – General Sports Reg. 7.7. The intent of the waiver is to protect the integrity of the regulation and the interscholastic program while allowing the development of national-caliber athletes who have been invited to compete non-interscholastically during the school season. The procedure for requesting the waiver requires that the principal or official designee of the member school direct a request to the OHSAA boys lacrosse administrator, waiver must be requested prior to tryout. Please include the supporting documentation with the letter request. Each request will be reviewed on an individual basis.

- 2.2) A member of an interscholastic boys lacrosse squad (any student who has played in a scrimmage, preview or regular season/tournament game as a substitute or starter) sponsored by the Board of Education may participate in non-interscholastic boys lacrosse prior to and after the school season under the conditions of General Sports Regulations 7.3 and are detailed as follows:
  - 2.21) The number of interscholastic boys lacrosse players from the same school on a non-interscholastic squad is limited to five on the roster of that non-interscholastic squad. A roster is defined as all the members of the entire squad on that non-interscholastic squad that would practice together OR participate together in any non-interscholastic event. "Rotating players" that would exceed this number (5) is not permitted and the use of any "guest player" would be counted as one of the 5 players permitted on the non-interscholastic roster.

**Note:** Graduating seniors who are participating on a non-interscholastic boys lacrosse squad after their final interscholastic contest of the season in the sport of boys lacrosse are exempt from this limitation.

- 2.22) There is no limit on the number of boys lacrosse squad members from the same school participating on the same squad during the period June 1-July 31 in accordance with General Sports Regulation 7.5.
- 2.23) A player may continue to play with a non-interscholastic squad in a national qualifying tournament in excess of the five player limitation after July 31 until the squad is eliminated but no later than Labor Day.
- 2.24) Non-interscholastic participation includes tryouts, training, practice and competition.
- 2.3) A student may not play in a non-interscholastic boys lacrosse contest, game or scrimmage, while a member of the school boys lacrosse squad. Non-interscholastic programs and 'team membership' are defined in General Sports Regulation 7.1.
- 2.4) All-Star Games "All-Star" events are non-interscholastic events by rule. Studentathletes in team sports who wish to participate in one of these "all-star" competitions outside the school boys lacrosse season may do so without jeopardy to eligibility provided the students maintain compliance with General Sports Regulation 7.3 and 7.6 that address "Non-interscholastic competition."

The purpose of this special "All-Star" regulation is to provide an opportunity for the interscholastic team sport coach to coach players from his or her school. Coaches are permitted to coach in "All-Star" contests if they meet all the provisions of General Sports Regulation 7.6.

2.5) Individual Non-Interscholastic Competition Dates:

A boys lacrosse athlete who has not participated for the school in boys lacrosse that season must cease non-interscholastic boys lacrosse competition six weeks (42 days) prior to the Monday of the state tournament in boys lacrosse in order to be eligible for OHSAA tournament competition provided applicable bylaws and regulations have been followed.

Date: April 17, 2017.

- 2.6) **Indoor lacrosse** shall be defined as a game played by two teams each consisting of not more than 7 players, nor fewer than 2 players, one of whom must be the goalkeeper, and played indoors between the end of the no-contact period and the day before the first day of coaching for the interscholastic season is permitted. The number of interscholastic lacrosse players from the same school on a non-interscholastic squad of an indoor lacrosse roster is not limited.
- 2.7) In accordance with Sports Regulation 7.5, interscholastic boys lacrosse coaches are prohibited from coaching members of their own interscholastic squad members in indoor boys lacrosse except for 10 days from June 1-July 31.

## 3) Instructional Programs

See *Regulations for Instructional Programs* under Section 8 of the General Sports Regulations.

#### 4) No Contact Period — Coaches

See *Regulations for No Contact Period* — *Coaches* under Section 11 of the General Sports Regulations.

- 5) Penalties
  - 5.1) The maximum penalty for violation of Sports Regulation 7.2 (participation with a non-interscholastic boys lacrosse squad while a member of the school's interscholastic boys lacrosse squad) or any OHSAA regulations for any member of the school

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squad EXCEPT a senior is ineligibility for the remainder of the interscholastic boys lacrosse season or the ensuing boys lacrosse season. For a senior, the maximum penalty shall be ineligibility for the remainder of the school year.

5.2) The penalty for a coach for violation of Sports Regulation 7.5 (non-interscholastic teams) may include suspension, probation, public censure, fine not to exceed \$1,000 per occurrence, or such other penalty as the Commissioner may deem appropriate.

## 6) Transfer Bylaw

Due to the many questions regarding this bylaw and its application to students desiring to play boys lacrosse, please go to the OHSAA website (<u>www.ohsaa.org</u>), click on the "Eligibility" link, then click on the "Transfer Bylaw Resource Center" to assist in the understanding of this bylaw. Note that students who transfer and do not meet an exception to this bylaw are ineligible for all contests (including scrimmages and previews) until regular season contest number ten (10) in boys lacrosse and are eligible for no more than 46 quarters for the remainder of the season.

## 7) Other Bylaws and Regulations

- 7.1) For information on Ejection for Unsporting Conduct See Ejection Policies for Coaches and Players under Section 13 and 14 of the General Sports Regulations at www.ohsaa.org
- 7.2) Out-of-State Travel

For information on Out of State Travel regulations see Bylaw 9-2 at www.ohsaa.org.

7.3) Boys lacrosse manual can be found on the boys lacrosse page on www.ohsaa.org.

#### B. SPECIFIC REGULATIONS — Grades 9-12

- 1) Coaching, tryouts and instruction may begin February 20, 2017.
- 2) First match Friday, March 17, 2017.
- 3) Deadline date for OHSAA Tournament May 1, 2017.
- 4) Tournament draw/seeding meeting May 7, 2017 Time TBA.
- 5) Coaching and Season end June 3, 2017.
- 6) Scrimmages Maximum of three scrimmages.
- 7) Regular season contests permitted 18.
- 8) Rules National Federation (NFHS) Boys Lacrosse.
- 9) Officials
  - 9.1) Varsity Minimum of three OHSAA Class 1 or Class 2 officials required. Regardless of number officiating, all must be OHSAA Class 1 or Class 2.

**Note:** If only two OHSAA officials are present to officiate the contest, the game may be played if participating coaches agree.

9.2) Freshmen/Reserve/Junior Varsity — Minimum of two OHSAA Class 1 or Class 2 officials required. Regardless of number of officials, ALL must be OHSAA Class 1 or Class 2.

**Note:** If only one OHSAA official is present to officiate the contest, the game may be played if participating coaches agree.

- C. SPECIFIC REGULATIONS Grades 7 & 8
  - 1) Coaching and instruction may begin February 20, 2017.
  - 2) First match Friday, March 17, 2017.

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- 3) Coaching and Season end June 3, 2017.
- 4) Scrimmages Two (2) permitted.
- 5) Regular season contests permitted 14 plus one (1) postseason tournament not to exceed four games.
- 6) Rules National Federation (NFHS) Boys lacrosse for U-15, modified as follows:

6.1) Length of the game – Games will consist of four 10-minute stop-time quarters or four 8-minute stop-time quarters. (See Section 1.9.3 of the OHSLA Boys Lacrosse Regulation for details). Also see Section 1.9.4 for Alternative time-keeping.

6.2) Play of the Game -

6.21) No overtime will be played at this level (See Section 1.10 of the OHSLA Boys Lacrosse Regulations for details)

6.22) There is running clock in the second half if the score differential reaches 12 goals or more (Rule 3, Section 1, Art. 2) unless a) the game is being played with 8-minutes stop-time quarters; and b) both coaches agree in advance to waive this rule.

6.3) Personal Foul -

6.31) Player/Coach Ejection – See Rule 3.0 of the OHSLA Boys Lacrosse Regulations.

6.32) For illegal stick (Rule 5, Section 4) 2:00 minute non-releasable (not 3:00 min.).

6.33) Waive all same color equipment rules, except uniform jersey. Jersey does not have to meet the NFHS uniform specifications, but all players on the team must wear the same colored jersey.

7) Officials — Minimum of two OHSAA Class 1, Class 2 or Class 3 officials required. All other officials shall be OHSAA Class 1, 2, or 3 or officials in training.

**Note:** If only one OHSAA official is present to officiate the contest, the game may be played if participating coaches agree.

Boys Lacrosse	2017	2018	2019	2020	2021	2022
Coach-No Contact Period	8/1-8/31/16	8/1-8/31/17	8/1-8/31/18	8/1-8/31/19	8/1-8/31/20	8/1-8/31/21
Coaching Begins	2/20	2/19	2/18	2/24	2/22	2/21
First Date for Full Practice	2/23	2/22	2/21	2/27	2/25	2/24
Season Begins	3/17	3/16	3/15	3/20	3/19	3/18
Non-Interscholastic Date	4/17	4/16	4/15	4/20	4/19	4/18
Regional Qualifying	5/13-5/18	5/12-5/17	5/11-5/16	5/16-5/21	5/15-5/20	5/14-5/19
Regional Quarterfinals	5/17-5/20	5/16-5/19	5/15-5/18	5/20-5/23	5/19-5/22	5/18-5/21
Regional Semis & Finals	5/22-5/27	5/21-5/26	5/20-5/25	5/25-5/30	5/24-5/29	5/23-5/28
State	5/30-6/3	5/29-6/2	5/28-6/1	6/2-6/6	6/1-6/5	5/31-6/4
Season Ends	6/3	6/2	6/1	6/6	6/5	6/4
Easter	4/16	4/1	4/21	4/12	4/4	4/17