

This Week in Volleyball



September 20, 2010, Issue 8

The Ohio High School Athletic Association

- **ONLINE MAKEUP MEETING WILL REMAIN OPEN UNTIL THURSDAY, SEPTEMBER 30, 2010**

If you have not completed the online meeting makeup meeting, you will need to complete this online meeting at a cost of \$50 as soon as possible. Coaches and officials who have still not completed the meeting will need to call into the office, ask to speak with our assistant, **Renee Moore**, pay for the meeting with a credit card, and a password will be provided to enable you to gain access to the meeting site. Credit will be given once the meeting is completed. Failure to complete this meeting will result for coaches in the school's ineligibility for the post-season OHSAA tournament and for officials, suspension as an OHSAA official as well as ineligibility for post-season tournament selection. We are working to insure that our data are accurate in terms of who has completed this requirement. Schools will be notified via their athletic administrator if the school coach has not complied. Officials will receive an email if they have not complied.

- **NO OUTSIDE PARTICIPATION IN NON-SCHOOL VOLLEYBALL PERMITTED DURING THE INTERSCHOLASTIC SEASON**

We have chosen to repeat this item due to the number of questions we are receiving from persons in the "fee for service" environment. We understand that these individuals are desirous of providing this service to high school volleyball players, but they will need to revise their plans to conduct those activities outside the volleyball season. When Instructional Program regulation 5.2 was revised last year to permit players to attend and participate in team sport instructional programs outside the season of the sport, rather than just from June 1-July 31, this provision opened up many instructional opportunities for players during the school year. The 50% limitation (for volleyball, that is no more than three players from the same interscholastic program) applies for those who participate in the instructional program training and/or competition during the school year outside the season. Instructional Program Regulation 5.3 will be adjusted to reflect its application to individual sports only.

The sports regulation which controls in this matter is found in Gen. Sports Regulation 4.3 (as well as VB regulation 4.1) and reads as follows:
4.3) Participating in Non-Interscholastic Programs – Team Sports – A member of an interscholastic squad sponsored by the Board of Education or other governing board in a team sport (Baseball, Basketball, Field Hockey, Football, Ice Hockey, Soccer, Softball and Volleyball) shall not participate in an athletic contest, tryouts or any type of training or practices on a non-interscholastic squad or as an individual in a team sport in the same sport during the school's interscholastic sports season.

The goal here is to insure that we protect the interscholastic volleyball season. We would never want to promote any activity that could cause a student to lose eligibility or become injured. We also need to insure that our interscholastic volleyball coaches have full control over their programs and are not subject to requests for training outside the school environment that may not be in the best interest of the student or of the program in general. The volleyball season is relatively short – just eight weeks from the beginning of regular season competition through the state tournaments. Students have plenty of time for private instruction and other types of training once the season has concluded. Your assistance in conveying this message to parents and other interested parties is greatly appreciated.

- **WARM-UP TIMES FOR REGULAR SEASON COMPETITION**

The OHSAA Board of Directors establishes the warm-up time and protocol for all OHSAA tournament competitions. That protocol is **4 minutes** – both teams ball handling on their side of the net - **7 minutes** – the team serving first has the whole court - **7 minutes** – the receiving team has the whole court - **2 minutes** – both teams serve across the net (one team on each side). High schools, middle schools and conferences/leagues are free to set their own warm-up protocol with the understanding that 20 minutes is preferred and that **under no circumstances shall players be given less than a 15 minute warm-up.** It is unreasonable to expect that a player can be prepared to play in less than 15 minutes. Please be sure that students are provided this minimum time to prepare for competition.